Uptick Application Checklist

for the 2027-2028 Cohort Year

_____ 1. Apply or be nominated to an Uptick cohort (uptick.org/nominate-apply).

_____ 2. Carefully read all cohort information on the Uptick website and meet with an Uptick cohort leader for an in-person or phone interview.

_____ 3. Review schedule, confirm availability, and receive the blessing of significant other, work, school, etc. for full participation for each date. Communicate decision to the Uptick cohort leader.

_____ 4. Secure a sponsor (or sponsors) who will (1) provide a letter of recommendation and (2) pay the sponsorship fee.

- _____ a. Direct sponsor to the Sponsorship Guidelines document on the Uptick website for details.
- _____ b. Send the sponsor's name and complete contact information to uptick@uptick.org. A member of the Uptick team will contact the sponsor to answer questions and review sponsor's responsibilities.

_____ 5. Request a letter of recommendation from your pastor to be sent to uptick@uptick.org (if the pastor is not also the sponsor) at least 45 days prior to the cohort start date.

NOTE: *The participant will not be officially accepted into an Uptick cohort without a positive recommendation from the participant's sponsor(s) and pastor.*

_____ 6. Receipt of acceptance letter (___/____/2026).

_____ 7. Sign the online Commitment Agreement Form and pay the non-refundable commitment fee within **10 days** after receipt of acceptance letter.

_____ 8. Look for a Welcome to Uptick! email from your cohort's convener. Use the link and login information provided there to access your cohort's online learning space.

_____ 9. Complete the onboarding registration form and pre-cohort survey.