

## Uptick Application Checklist

for the 2026-2027 Cohort Year

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- A vertical decorative bar on the left side of the page, composed of various geometric shapes and colors including red, purple, blue, yellow, and green, arranged in a pattern that resembles a stylized 'U' or a series of overlapping shapes.
- \_\_\_\_\_ 1. Apply or be nominated to an Uptick cohort ([uptick.org/nominate-apply](https://uptick.org/nominate-apply)).
  - \_\_\_\_\_ 2. Carefully read all cohort information on the Uptick website and meet with an Uptick cohort leader for an in-person or phone interview.
  - \_\_\_\_\_ 3. Review schedule, confirm availability, and receive the blessing of significant other, work, school, etc. for full participation for each date. Communicate decision to the Uptick cohort leader.
  - \_\_\_\_\_ 4. Secure a sponsor (or sponsors) who will (1) provide a letter of recommendation and (2) pay the sponsorship fee.
    - \_\_\_\_\_ a. Direct sponsor to the Sponsorship Guidelines document on the Uptick website for details.
    - \_\_\_\_\_ b. Send the sponsor's name and complete contact information to [uptick@uptick.org](mailto:uptick@uptick.org). A member of the Uptick team will contact the sponsor to answer questions and review sponsor's responsibilities.
  - \_\_\_\_\_ 5. Request a letter of recommendation from your pastor to be sent to [uptick@uptick.org](mailto:uptick@uptick.org) (if the pastor is not also the sponsor) at least 45 days prior to the cohort start date.

NOTE: *The participant will not be officially accepted into an Uptick cohort without a positive recommendation from the participant's sponsor(s) and pastor.*
  - \_\_\_\_\_ 6. Receipt of acceptance letter ( \_\_\_/\_\_\_/2026).
  - \_\_\_\_\_ 7. Sign the online Commitment Agreement Form and pay the non-refundable commitment fee within **10 days** after receipt of acceptance letter.
  - \_\_\_\_\_ 8. Look for a Welcome to Uptick! email from your cohort's convener. Use the link and login information provided there to access your cohort's online learning space.
  - \_\_\_\_\_ 9. Complete the onboarding registration form and pre-cohort survey.