Motivational Interviewing for Native Healing and Resilience

1-hour recorded asynchronous distance learning workshop!

This workshop explores the integration of Indigenous centered, trauma-informed training principles with Motivational Interviewing (MI) through a decolonial lens. Grounded in the presenter's lived experience as a lineal descendant of the Yakama Nation (present-day central Washington State, USA), the session invites participants to implement and grow in strategies for fostering trust and working with communities particularly impacted by trauma rooted in colonization, displacement, and systemic oppression. We will explore impacts of historical and intergenerational trauma across Indigenous and colonized communities globally, including the roles of unresolved grief, cultural disruption, and ambivalence. We will also look at MI centered practices for fostering trust, collaboration, and psychological safety while actively working to avoid re-traumatization in intergroup clinical experiences with people most impacted by global colonization.

Course Objectives

1. List 3 impacts of historical and intergenerational trauma across Indigenous and colonized communities.
2. List 3 MI practices for fostering trust, collaboration, and psychological safety.

Course Outline

- Introductions
- Land Acknowledgement and Land Back
- Decolonial Practice, Anti-Colonial Psychotherapy & MI
- Trauma, Survivorship & Healing Cycles
- MI Skills: Affirmations, Cultural Humility
- Closing Reflection and Q&A

Course Level

This course is for therapists and helping professionals at the beginner through advanced level.

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Instructor

Jamie Weber, MSW, LICSW

I am mixed Indigenous Yakama Native - a sovereign Native American Tribe and Nation in Washington State in the US. I am a licensed clinical social worker, professor and creative facilitator with a focus on Motivational Interviewing, CPTSD, substance use, and anti-colonial behavioral health with youth and families. I have been a Motivational Interviewing trainer since 2009 with a focus on MI skill building that is trauma informed and centered in an Indigenous worldview.

Continuing Education

- MI Center for Change is approved by the American Psychological Association to sponsor continuing education for psychologists. MI Center for Change maintains responsibility for this program and its content. As an APA-approved provider, (MI Center for Change) programs are accepted by the American Nurses Credentialing Center (ANCC). These courses can be utilized by nurses to renew their certification and will be accepted by the ANCC. Every state Board of Nursing accepts ANCC-approved programs except California and Iowa. State board requirements can change. Please check with your state board to confirm that CEs from an APA approved provider will be accepted.
- MI Center for Change has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7223. Programs that do not qualify for NBCC credit are clearly identified. MI Center for Change is solely responsible for all aspects of the program.
- MI Center for Change #1911, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval periods (8/20/25 - 8/20/28). Social workers completing this course receive 1 continuing education credit.
- Regarding other licensures and certifications, you will be provided with a certificate of completion at workshop completion, with total workshop hours. You may submit your certificate, course objectives and trainer bio for to your licensure board for consideration. We encourage you to check if our CE will be accepted by your board.

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How "Motivational Interviewing for Native Healing and Resilience" Course Works

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Continuing Education Information

We do not provide partial Continuing Education credit for this course. Participants must complete the 1 hour of recorded asynchronous distance learning
Course Fee: $27
Course recording date: June 11, 2026
What if there is a group at my agency that wants to take the training together? Each individual must have their own device to sign in to their course. We provide agency group registration discounts. Email for more information admin@micenterforchange.com
Individual Course Access: Each member of the group must sign in the course individually using their own device. This ensures that all participants receive the proper accreditation and learning experience. Thank you for your understanding and cooperation. For more information or to register a group, please contact us at admin@micenterforchange.com
System Requirements, Terms and Conditions:
Please take the time to read the System requirements, Terms and Conditions for attending MI Center for Change events. You may view the Grievance Policy in the Terms and Conditions here. See our Cancellation Policy here.
Disability Accommodation: Facilities are accessible to persons with disabilities. If you have a special need and plan to attend the workshop, please contact admin@micenterforchange.com or 828-279-4985