

Motivational Interviewing with Families



1-hour recorded asynchronous distance learning workshop

Motivational Interviewing (MI) is an empirically-supported conversation style that helps people resolve ambivalence about behavior changes. The theoretical model for MI specifies that rather than professionals telling people why they should change, they elicit and reinforce clients' reasons using reflective listening, open questioning, and summarization. It has been found that the in-session levels clients express motivation to change, 'change talk,' predicts change at follow up. Family members can play crucial roles in treatment for addictions and other behavioral health challenges, and therefore learn how to utilize MI to evoke motivations toward change. In this webinar, you will learn how MI can be adapted for use with family members.

Until recently, there has been limited work applying Motivational Interviewing to family-centered care. This workshop will introduce core concepts of using MI with family members. Join Dr. Doug Smith as he shares research and strategies from his new book *Motivational Interviewing with Families* (2025).

Course Objectives

- Explain roles family members may play in treatment for addictions and other behavioral health problems.
- Describe how Motivational Interviewing can be adapted for use with family members.
- Describe the role of change talk in building motivation, and how it is different in the family context.

Course Outline

- Introduction
- Why Including Family Members Enhances Outcomes
- Overview of Motivational Interviewing
- Introduce Adaptations Made for using MI with Family Members
- Intro to other advanced concepts in MI with Families
- Conclusion

Motivational Interviewing with Families



Instructor

Douglas C. Smith, PhD, LCSW

Douglas C. Smith, PhD, LCSW, is Professor of Social Work at the University of Illinois at Urbana-Champaign. He is a member of the Motivational Interviewing Network of Trainers (MINT) and co-chair of MINT's Professional Development Committee. Dr. Smith is a recipient of the Deborah K. Padgett Early Career Achievement Award from the Society for Social Work and Research. His new book *Motivational Interviewing with Families* (Guilford Press) was published in June 2025.

Course Level

This workshop is for those new to MI, or intermediate to advanced learners.

Continuing Education

- MI Center for Change is approved by the American Psychological Association to sponsor continuing education for psychologists. MI Center for Change maintains responsibility for this program and its content. As an APA-approved provider, (MI Center for Change) programs are accepted by the American Nurses Credentialing Center (ANCC). These courses can be utilized by nurses to renew their certification and will be accepted by the ANCC. Every state Board of Nursing accepts ANCC-approved programs except California and Iowa. State board requirements can change. Please check with your state board to confirm that CEs from an APA approved provider will be accepted.
- MI Center for Change has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7223. Programs that do not qualify for NBCC credit are clearly identified. MI Center for Change is solely responsible for all aspects of the program.
- MI Center for Change #1911, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval periods (8/20/25 - 8/20/28). Social workers completing this course receive 1 continuing education credit.
- Regarding other licensures and certifications, you will be provided with a certificate of completion at workshop completion, with total workshop hours. You may submit your certificate, course objectives and trainer bio for to your licensure board for consideration. We encourage you to check if our CE will be accepted by your board.

Motivational Interviewing with Families



How Motivational Interviewing with Families course works

You will register by providing your name and email, and will be emailed your confirmation and login details. You will watch the video and then score a passing grade. Once you complete the quiz you will be prompted to complete the end of course evaluation. After completing the evaluation you will be emailed your certificate within 48 hours.

Continuing Education Information

We do not provide partial Continuing Education credit for this course. Participants must complete the 1 hour of recorded asynchronous distance learning

Course Fee: \$27

Course recording date: March 13, 2026

What if there is a group at my agency that wants to take the training together?

Each individual must have their own device to sign in for the live webinar. Email for more information admin@micenterforchange.com

Individual Course Access: Each member of the group must sign in the webinar link individually using their own device. This ensures that all participants receive the proper accreditation and learning experience. Thank you for your understanding and cooperation. For more information or to register a group, please contact us at admin@micenterforchange.com

System Requirements, Terms and Conditions:

Please take the time to read the [System requirements, Terms and Conditions](#) for attending MI Center for Change events. You may view the Grievance Policy in the Terms and Conditions [here](#). See our Cancellation Policy [here](#).

Disability Accommodation: Facilities are accessible to persons with disabilities. If you have a special need and plan to attend the workshop, please contact admin@micenterforchange.com or 828-279-4985