

Motivational Interviewing with Veterans, Service Members, and Military-Connected Families



2-hour recorded asynchronous distance learning workshop!

Join Major Kenneth Harris, Captain Idris Usman and MINT Certified Trainer Hillary Logan as we discuss contemporary research and best practices for healthcare professionals who support military service members, veterans, and their families. We will explore important cultural and community considerations, potential challenges and barriers to quality care, mental health challenges and treatment, military-friendly resources, resilience strategies, as well as opportunities for employing MI to effectively engage and support the military community. This training will help you gain a better understanding of Military and Veteran culture and the essential MI tools that promote engagement and change!

Course Objectives

- Identify important cultural considerations for working with military service members, veterans, and their families.
- List three Motivational Interviewing communication tools most relevant in supporting Veterans
- Describe one key point from each of the four elements of the spirit of MI

Course Level

Suitable for learners at all levels, from beginner to advanced.

Instructor(s)

MAJ Kenneth R. Harris III, PhD, LCSW, BCD

MAJ Kenneth R. Harris III, is an active-duty Army officer and clinical social worker who began his career as a Cavalry Officer before transitioning to military mental health in 2016. He has served in multiple behavioral health roles supporting service members, veterans, and their families, most recently as the primary behavioral health provider for over 4,500 paratroopers in Poland. Currently, he is the Program Executive Officer and Assistant Professor in the U.S. Army–University of Kentucky MSW program at Fort Sam Houston, with research focused on psychological resilience and wellbeing among military personnel and families.

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Instructor(s) cont.

CPT Idris B. Usman LCSW, BCD

Idris B. Usman, began his career as a Wounded Warrior Advocate in Alaska before earning his MSW through the U.S. Army–Fayetteville State University program and completing the Army’s Social Work Internship Program. Since then, he has served as a Behavioral Science Officer in Alaska, Kuwait, and Hawaii, supporting the mental health of service members, veterans, and their families. With a research interest in spirituality and resiliency, CPT Usman plans to pursue a doctoral degree focused on preventative strategies for strong mental health.

Hillary Logan, LCSW, LCAS

I have been a member of the Motivational Interviewing Network of Trainers (MINT) since 2011. I am a Licensed Clinical Social Worker & Addiction Therapist and absolutely delight in helping individuals, groups, and organizations learn the essential skills of Motivational Interviewing. I have worked as a helping professional for 20 years, ranging from working in wilderness therapy to community mental health, providing in-home & school-based services, as a therapist with specialties including working with anxiety, trauma, addiction, and veterans. Training specialties include Child Welfare, those working with the unhoused community, and addiction.

Course Outline

- Introductions
- Assumptions and Shared Experience
- Personal Stories on Connection and Trust
- Military Demographics and Data
- Strengths-Based Perspective and MI Intersections
- Life Course Theory and Military Service
- Military Demands and Mental Health
- Total Force Fitness
- Help Seeking Among Veterans & Why Serve
- Intersectionality, Social Supports, Mechanisms of Supports
- Adapting Motivational Interviewing
- Additional Resources

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Continuing Education

- MI Center for Change is approved by the American Psychological Association to sponsor continuing education for psychologists. MI Center for Change maintains responsibility for this program and its content. As an APA-approved provider, (MI Center for Change) programs are accepted by the American Nurses Credentialing Center (ANCC). These courses can be utilized by nurses to renew their certification and will be accepted by the ANCC. Every state Board of Nursing accepts ANCC-approved programs except California and Iowa. State board requirements can change. Please check with your state board to confirm that CEs from an APA approved provider will be accepted.
- MI Center for Change has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7223. Programs that do not qualify for NBCC credit are clearly identified. MI Center for Change is solely responsible for all aspects of the program.
- MI Center for Change #1911, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval periods (8/20/25-8/20/28). Social workers completing this course receive 2 continuing education credits.
- Regarding other licensures and certifications, you will be provided with a certificate of completion at workshop completion, with total workshop hours. You may submit your certificate, course objectives and trainer bio for to your licensure board for consideration. We encourage you to check if our CE will be accepted by your board.

How MI with Veterans, Service Members, and Military-Connected Families course works

You will register by providing your name and email, and will be emailed you your confirmation and login details. You will watch the video and then score a passing grade. Once you complete the quiz you will be prompted to complete the end of course evaluation. After completing the evaluation you will be emailed your certificate within 48 hours.

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Continuing Education Information

We do not provide partial Continuing Education credit for this course. Participants must complete the 2 hours of recorded asynchronous distance learning

Course Fee: \$47

Course recording date: November 21st, 2025

What if there is a group at my agency that wants to take the training together?

Each individual must have their own device to sign in for the workshop. Email for more information admin@micenterforchange.com

Individual Course Access: Each member of the group must sign in the course individually using their own device. This ensures that all participants receive the proper accreditation and learning experience. Thank you for your understanding and cooperation. For more information or to register a group, please contact us at admin@micenterforchange.com

System Requirements, Terms and Conditions:

Please take the time to read the [System requirements, Terms and Conditions](#) for attending MI Center for Change events. You may view the Grievance Policy in the Terms and Conditions [here](#). See our Cancellation Policy [here](#).

Disability Accommodation: Facilities are accessible to persons with disabilities. If you have a special need and plan to attend the workshop, please contact admin@micenterforchange.com or 828-279-4985