

# Motivational Interviewing in Documentation: Considerations for Getting It “Write” (3hr)



## 3-hour synchronous distance learning workshop!

We are often asked by Motivational Interviewing learners, “How do I document that I used Motivational Interviewing?” Staff, agency leads and supervisors have reasons to add MI to documentation to demonstrate an evidence-based practice is being utilized by staff. We know that the MI intention and skills that we bring to encounters with clients or patients impacts the session and client outcomes. Together, we will explore how we translate the Motivational Interviewing that we use in sessions. We will also consider awareness of suitable MI phrases for documentation to ensure that staff and agencies can evidence MI utilization in their encounters. Participants will complete this training with an understanding of the relationship between MI intention, practice and documentation, as well as understand the complexities of MI fidelity and ethical considerations. Participants will receive a 3-page reference document on key phrases for MI in documentation. This will be a live, interactive Zoom meeting format with limited spots.

### Course Objectives

- List four documentation expressions of the spirit of MI
- Name three ethical considerations of documentation
- Describe the relationship between documentation and practice
- List one MI description phrase from each of the four tasks of MI

### Course Outline

- 12:00-12:10pm: Introductions
- 12:10-12:20pm: Key concepts for documentation
- 12:20-12:30pm: Elements of MI that can be documented
- 12:30-12:45pm: Interaction between intention, skills & documentation
- 12:45-1:15pm: MI phrases utilized for documentation
- 1:15-1:45pm: Practice activity
- 1:45-2:00pm: Break
- 2:00-2:30pm: Ethical considerations of documentation, fidelity
- 2:30-3:00pm: Practice activity
- 3:00-3:15pm: Q&A

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## Course Level

This is best suitable for those already familiar with MI, or those at the intermediate level.

## Instructor(s)

### Judith Carpenter RD

Judith has been a registered dietitian in the UK since 1987. She currently works in the NHS within Specialist Diabetes Care where she leads a Young Adult diabetes service. She has a vast amount of clinical experience and expertise in both adult diabetes care and weight management in the UK. Judith became a MI trainer and a member of the Motivational Interviewing Network of Trainers (MINT) in 2000. With 25 years of experience delivering MI training, Judith started her own consultancy in 2008 to focus on delivering motivational interviewing training and has delivered hundreds of trainings over the past decades to a variety of professionals working in healthcare, social care, and other professional groups both nationally and internationally. She has been an active member of MINT since joining the organisation and has held many roles.

Judith became involved in motivational interviewing (MI) to improve clinical care with her patients and continues to utilise MI in this way. She has extensive experience in MI training and helping people to learn MI and is a MINT Certified Trainer.

She is an active member of MINT, sat on the Board of Directors for this international organisation from 2009-2013, organised MINT's annual international conference from 2014-2019, and was on the of the MINT UK and Ireland Chapter from 2021-2025, the latter two years serving as chair.

### Scott Caldwell, MSOD, MA

Scott's career in human services has been intertwined with Motivational Interviewing. As a member of the Motivational Interviewing Network of Trainers, Scott has delivered hundreds of trainings touching thousands of professionals. At the Wisconsin Department of Health Services, Scott leads the MI Implementation Project and provides ongoing consultation to participating organizations regarding implementation teaming, developing MI coaches, assessing practitioner fidelity, conducting evaluation, and using data for continuous improvement. A recent evaluation of project sites showed connections between practitioner MI fidelity and positive client experiences with MI ([if interested, see report here](#)).

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## Instructor(s) (cont.)

Hillary Logan MSW, LCSW, LCAS

I have been a member of the Motivational Interviewing Network of Trainers (MINT) since 2011. I am a Licensed Clinical Social Worker & Addiction Therapist and absolutely delight in helping individuals, groups, and organizations learn the essential skills of Motivational Interviewing. I have worked as a helping professional for 20 years, ranging from working in wilderness therapy to community mental health, providing in-home & school-based services, as a therapist with specialties including working with anxiety, trauma, addiction, and veterans. Training specialties include Child Welfare, those working with the unhoused community, and addiction.

## Continuing Education

- MI Center for Change is approved by the American Psychological Association to sponsor continuing education for psychologists. MI Center for Change maintains responsibility for this program and its content. As an APA-approved provider, (MI Center for Change) programs are accepted by the American Nurses Credentialing Center (ANCC). These courses can be utilized by nurses to renew their certification and will be accepted by the ANCC. Every state Board of Nursing accepts ANCC-approved programs except California and Iowa. State board requirements can change. Please check with your state board to confirm that CEs from an APA approved provider will be accepted.
- MI Center for Change has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7223. Programs that do not qualify for NBCC credit are clearly identified. MI Center for Change is solely responsible for all aspects of the program.
- MI Center for Change #1911, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval periods (8/20/25 - 8/20/28). Social workers completing this course receive 3 continuing education credit.
- Regarding other licensures and certifications, you will be provided with a certificate of completion at workshop completion, with total workshop hours. You may submit your certificate, course objectives and trainer bio for to your licensure board for consideration. We encourage you to check if our CE will be accepted by your board.

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## How Motivational Interviewing in Documentation: Considerations for Getting It “Write” (3hr) workshop works

- You will register by providing your name and email, and will be emailed your confirmation and reminders for the live training. Registration deadlines for the live workshop can be found on the website. Seats are limited.
- Captions are available during the live workshop.

## Continuing Education Information

We do not provide partial Continuing Education credit for this live workshop. Participants must attend the 6 hour of synchronous distance learning. Following live event attendance and completion of End of Course evaluation, participants will receive an email with their downloadable 6 hr CE certificate within 48 business hours.

**Course Fee:** \$147 per person

**Will I be receiving a recording of the event?** No, this event will not be recorded. It is live and interactive, and participants must attend the entire 3 hours to receive Continuing Education. No partial CE will be awarded.

**What if there is a group at my agency that wants to take the training together?**

Each individual must have their own device to sign in for the live workshop. Email for more information [admin@micenterforchange.com](mailto:admin@micenterforchange.com)

**Individual Course Access:** Each member of the group must sign in the workshop link individually using their own device. This ensures that all participants receive the proper accreditation and learning experience. Thank you for your understanding and cooperation. For more information or to register a group, please contact us at [admin@micenterforchange.com](mailto:admin@micenterforchange.com)

**System Requirements, Terms and Conditions:**

Please take the time to read the [System requirements, Terms and Conditions](#) for attending MI Center for Change events. You may view the Grievance Policy in the Terms and Conditions [here](#). See our Cancellation Policy [here](#).

**Disability Accommodation:** Facilities are accessible to persons with disabilities. If you have a special need and plan to attend the workshop, please contact [admin@micenterforchange.com](mailto:admin@micenterforchange.com) or 828-279-4985