

The Power of Empathy and Compassion



1-hour recorded asynchronous distance learning workshop!

Compassion is one of the four spirit elements in Motivational Interviewing. The spirit of MI is the heartset & mindset of the provider, and is foundational to Motivational Interviewing. In this webinar, we will do a deeper dive into the spirit of compassion via conversation & questions with MINT member & author Stephen Andrews. We will explore what compassion is, how it shows up in our work with clients, what gets in the way, and how we reground into compassion. We will also look at compassion within the context of our similarities and differences, including power differentials and trauma injury

Course Objectives

- Describe the definition of the MI spirit of compassion
- Identify three barriers to compassion in the therapeutic relationship

Instructor

Stephen R. Andrew, LCSW, LADC, CCS, MINT Certified Motivational Interviewing (MI) trainer. Stephen is a storyteller, trainer, author, group worker, therapist, and community organizer. He has been a member of the International Motivational Interviewing Network of Trainers (MINT) since 2003, becoming a Certified MINT Trainer in 2019. He has been an MIA-STEP trainer for ATTC New England since 2007, and he presents over 150 days each year on Motivational Interviewing: Basics & Advancing the Practice, Principles of Supervision Using MI, The Power of Groups Using MI, and Teaching MI for schools, agencies, and organizations. Stephen has presented in 22 different countries for criminal justice, social service providers, healthcare professionals, alcohol and other drug counselors, and people in the recovery learning community. He is the CEO (Chief Energizing Officer) for Health Education & Training Institute in Portland, Maine, USA, which offers MI workshops, MITI Coding, Learning Communities, and simulated clients/standardized patient services. He is the co-founder of Agape Inc., which supports Dignity for People using Opiates, a radical movement to change the conditions that promote the opiate epidemic in our communities. Stephen maintains a compassion-focused practice in Portland and facilitates a variety of mutual aid support groups. He is the author of six books and the creator/host of the educational Motivational Interviewing podcast, "Conversations in Compassion."

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Course Outline

- 00:04 Introduction
- 03:00 Trauma injury & toxic shame
- 10:02 Three traps
- 19:03 Gentle Genuine Guesses
- 28:00 Components of Trauma Injury
- 32:15 Positive intent
- 48:30 Barrier to compassion

Continuing Education

- MI Center for Change is approved by the American Psychological Association to sponsor continuing education for psychologists. MI Center for Change maintains responsibility for this program and its content. As an APA-approved provider, (MI Center for Change) programs are accepted by the American Nurses Credentialing Center (ANCC). These courses can be utilized by nurses to renew their certification and will be accepted by the ANCC. Every state Board of Nursing accepts ANCC-approved programs except California and Iowa. State board requirements can change. Please check with your state board to confirm that CEs from an APA approved provider will be accepted.
- MI Center for Change has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7223. Programs that do not qualify for NBCC credit are clearly identified. MI Center for Change is solely responsible for all aspects of the program.
- MI Center for Change #1911, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval periods (8/20/25-8/20/28). Social workers completing this course receive 1 continuing education credits.
- Regarding other licensures and certifications, you will be provided with a certificate of completion at workshop completion, with total workshop hours. You may submit your certificate, course objectives and trainer bio for to your licensure board for consideration. We encourage you to check if our CE will be accepted by your board.

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How The Power of Empathy and Compassion course works

- You will register by providing your name and email, and will be emailed your confirmation and login details. You will watch the video and then score a passing grade. Once you complete the quiz you will be prompted to complete the end of course evaluation. After completing the evaluation you will be emailed your certificate within 24 hours

Continuing Education Information

We do not provide partial Continuing Education credit for this course. Participants must complete the 1 hour of recorded asynchronous distance learning.

Course Fee: \$27

Course recording date: 9/5/25

What if there is a group at my agency that wants to take the training together?

Each individual must have their own device to sign in to their course. Email for more information admin@micenterforchange.com

Individual Course Access: Each member of the group must sign in the course individually using their own device. This ensures that all participants receive the proper accreditation and learning experience. Thank you for your understanding and cooperation. For more information or to register a group, please contact us at admin@micenterforchange.com

System Requirements, Terms and Conditions:

Please take the time to read the [System requirements, Terms and Conditions](#) for attending MI Center for Change events. You may view the Grievance Policy in the Terms and Conditions [here](#). See our Cancellation Policy [here](#).

Disability Accommodation: Facilities are accessible to persons with disabilities. If you have a special need and plan to attend the workshop, please contact admin@micenterforchange.com or 828-279-4985