

# Level 3: MI Advanced Uplevel



## 12-hour synchronous distance learning workshop!

In this 4-week (12 hour) live series, we dive into fidelity through the Motivational Interviewing Treatment Integrity (MITI), group practice, and individual feedback. And that's what this advanced MI course is all about! Fidelity through practice! In this course, we are going to look at MI through the lens of the Motivational Interviewing Treatment Integrity (MITI) coding system. This is not a course in how to code, but rather utilizing the coding system as a personal learning tool. Through this lens, you will learn 'what is MI' and 'what is not,' how to listen for the global elements used to code MI, as well as explore the provider behavior counts, with particular focus on Reflection to Question ratio. You'll learn what the MI-adherent and MI-non-adherent behaviors are (what we are striving toward, and what we're avoiding). This course is for an intermediate to advanced MI learner / helping professional.

### Course Objectives

#### Session 1

- Demonstrate OARS skills within each of the four tasks of MI: Engagement, Focusing, Evoking, and Planning
- Identify the internal experiences and external expressions of the MI spirit element of compassion
- Identify MI fidelity utilizing MITI coding system behavior counts
- Demonstrate MITI fidelity measures to recorded audio sessions

#### Session 2

- Identify the internal experiences and external expressions of the MI spirit element of acceptance
- Identify MI fidelity utilizing MITI (Motivational Interviewing Treatment Integrity) coding system global domains
- Measure partnership & empathy spirit elements of Motivational Interviewing utilizing the MITI system
- Demonstrate an empathetic & partnering approach across the four tasks of MI

#### Session 3

- Identify the internal experiences and external expressions of the MI spirit element of collaboration
- Explain three MI adherent and three non-MI adherent provider behaviors
- Demonstrate MI practice in giving feedback via Ask-Offer-Ask tool

# Level 3: MI Advanced Uplevel



## Course Objectives (cont.)

### Session 4

- Identify the internal experiences and external expressions of the MI spirit element of empowerment
- Measure interviewer methods via the MITI system for softening sustain talk and cultivating change talk
- Demonstrate MI methods with sustain talk & change talk
- Explain methods for cultivating the longevity of MI spirit in practice

## Instructor

Hillary Logan MSW, LCSW, LCAS

Hillary Logan has been a member of the Motivational Interviewing Network of Trainers (MINT) since 2011. She is a Licensed Clinical Social Worker & Addiction Therapist, and absolutely delights in helping individuals, groups, and organizations learn the essential skills of Motivational Interviewing. Hillary has worked as a helping professional for 20 years, ranging from working in wilderness therapy to community mental health, providing in-home & school-based services, and as a therapist with specialties including working with anxiety, trauma, addiction, and veterans. She is also Certified in Brief Action Planning (BAP), September 2022. Read more about Hillary [here](#).

## Continuing Education

- MI Center for Change has been approved by [NBCC](#) as an [Approved Continuing Education Provider](#), ACEP No. 7223. Programs that do not qualify for NBCC credit are clearly identified. MI Center for Change is solely responsible for all aspects of the program
- This course has been approved by MI Center for Change, as a [NAADAC Approved Education Provider](#), for educational credits. NAADAC Provider #222168, MI Center for Change is responsible for all aspects of the programming.
- MI Center for Change is approved by the [American Psychological Association to sponsor continuing education for psychologists](#). MI Center for Change maintains responsibility for this program and its content. As an APA-approved provider, (MI Center for Change) programs are accepted by the American Nurses Credentialing Center (ANCC). These courses can be utilized by nurses to renew their certification and will be accepted by the ANCC. Every state Board of Nursing accepts ANCC-approved programs except California and Iowa. State board requirements can change. Please check with your state board to confirm that CEs from an APA approved provider will be accepted.

# Level 3: MI Advanced Uplevel



## Continuing Education (cont.)

- MI Center for Change #1911, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit . ACE provider approval periods 8/20/24-8/20/25. Social workers completing this course receive 12 continuing education credits.
- MI Center for Change has been approved by the Continuing Coach Education (CCE) to provide continuing education for the International Coaching Federation. Courses approved will be stated on the course syllabus. (Core competencies 8, resource development 4)
- MI Center for Change (CEA-000585-3) has been approved by the National Board Certified Health and Wellness Coaches (NBHWC) to provide continuing education for National Board Certified Health and Wellness Coaches. You will receive 12 hours of continuing education for completing this course.
- Regarding other licensures and certifications, you will be provided with a certificate of completion at workshop completion, with total workshop hours. You may submit your certificate, course objectives and trainer bio for to your licensure board for consideration. We encourage you to check if our CE will be accepted by your board.

## Course Outline

- **Session 1**
  - 0-:15 Course overview, objectives, learning platform and Lyssn coding platform review
  - :15-:45: Introductions via OARS interviews with summary practice in triads, plus debrief
  - :45-1:15: Spirit of compassion, inner experience and outer expression
  - 1:15-1:30: Behavioral counts utilizing MITI
  - 1:30-1:45: Break
  - 1:45-2:15: Audio transcript with behavioral count practice
  - 2:15-3:05: Triad MI practice with feedback
  - 3:05-3:15: Group debrief, learnings, and setting practice intentions

# Level 3: MI Advanced Uplevel



## Course Outline (cont.)

- **Session 2**

- 0-:30 Complex reflection and summary practice
- :30-45: MI practice & intentions reporting with OARS practice
- 45-1:00: Spirit of partnership definition, inner experience and outer expressions
- 1:00-1:15: MITI globals of partnership & empathy
- 1:15-1:30: Break
- 1:30-2:15 Audio session with transcript
- 2:15-3:05: Triad practice OARS real play practice with feedback
- 3:05-3:15: Debrief, Q&A, MI practice goal setting

- **Session 3**

- 0-:30 Complex reflection and summary practice
- :30-45: MI practice & intentions reporting with OARS practice
- 30-1:00: Spirit of acceptance definition, inner experience and outer expressions
- 1:00-1:15: MITI globals of cultivating change talk & softening sustained talk
- 1:15-1:30: Break
- 1:30-2:15: Audio session with transcript & coding practice
- 2:15-3:05: Triad practice OARS real play practice with feedback
- 3:05-3:15: Debrief, Q&A, MI practice goal setting

- **Session 4**

- 0-:30: MI practice with change target deliberate practice in MI
- :30-1:00: Spirit of empowerment definition, inner experience and outer expressions
- 1:00-2:00: Group Real Play MI practice session with rotating interviewers, observation and feedback
- 2:00-2:15: Break
- 2:15-3:05: Confirmed Smoker video demo with coding practice
- 3:05-3:15: MI takeaways and intentions for deliberate practice; end of course wrap up further learning resources

# Level 3: MI Advanced Uplevel



## How the Zoom Sessions Work

- Zoom Sessions are held weekly September-May.
- You will register for the dates/times that work for you, and will be provided with log-in information and reminders for upcoming sessions. Registration deadlines for each session can be found on the website.
- You must commit to attending all training dates you are registering to.

## Continuing Education Information

We do not provide partial Continuing Education credit for this course. Participants must complete the 12 hours of live zoom webinar sessions.

Following course completion quiz, and completion of End of Course evaluation, participants will receive an email with their downloadable 12 hr CE certificate within 48 hours.

**How the Zoom Sessions Work:** The course consists of four 3-hour Zoom meeting sessions (plus 15 minute break times). This course is entirely live. You will register for the dates/times that work for you, and will be provided with log-in information and reminders for upcoming sessions. Registration deadlines for each session can be found on the website.

**Target Audience:** We recommend all participants have completed a quality MI introductory workshop (@12 hours) within the last few years, OR an intermediate course, OR had some kind of recent refresher via training, book study, or other practice recently. We will hit the ground running!

**Course Fee:** \$697 per person

What if there is a group at my agency that wants to take the training together? Awesome! That's a great way to take the course! You can watch videos together, do practice exercises, and support one another to complete the course! Groups are welcome! Each individual must have their own device to sign in for course.

**Group Registration Discounts:** We offer discounts for group registrations. To qualify, a group must consist of at least 5 registrants and each registrant must use their own device to complete the course. The discount applies to the total registration fee when all members of the group register at the same time.

# Level 3: MI Advanced Uplevel



## Continuing Education Information (cont.)

**Individual Course Access:** Each member of the group must sign in the course individually using their own device. This ensures that all participants receive the proper accreditation and learning experience. Thank you for your understanding and cooperation. For more information or to register a group, please contact us at [admin@micenterforchange.com](mailto:admin@micenterforchange.com)

### **System Requirements, Terms and Conditions**

Please take the time to read the System requirements, Terms and Conditions for attending MI Center for Change events. You may view the Grievance Policy in the Terms and Conditions [here](#). See our Refund and Cancellation Policy [here](#).

**Disability Accommodation:** Facilities are accessible to persons with disabilities. If you have a special need and plan to attend the workshop, please contact [hillary@micenterforchange.com](mailto:hillary@micenterforchange.com) or 828-279-4985