

ALLISON HAGLUND



**FOUNDER, FULLY EXXPOSED®
CREATOR OF THE STANDARD GAP™**

**AUTHOR, SPEAKER, BEHAVIORAL
CHANGE CATALYST**

Allison Haglund connects the dots others miss.

Through deep intuition and practical frameworks, she helps high-performing people close The Standard Gap™ moving from knowing to living.

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fullyexposed.com

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SIGNATURE CONVERSATIONS

TITLE: YOU ALREADY KNOW WHAT TO DO. SO WHY AREN'T YOU DOING IT?

The Standard Gap™

Most people don't have an information problem, they have a Standard Gap™. Listeners won't just understand why they're stuck; they'll leave knowing their next move.

TITLE: THE PATTERN THAT'S QUIETLY RUNNING YOUR LIFE

Behavioral Pattern Recognition

The biggest obstacles aren't always obvious, they're the hidden patterns shaping our decisions. Listeners learn how to recognize them and finally know what to change.

TITLE: BECOME THE PERSON YOUR VISION REQUIRES

The Fully Exposed® Method

Big dreams don't require a different vision, they require a different version of you. Listeners leave with a practical roadmap for becoming the person their vision requires.

SUGGESTED QUESTIONS

- You talk about "The Standard Gap™." What is it and why do you believe almost everyone has one?
- You say you "connect the dots others miss." What kinds of patterns do you see that most people overlook in themselves?
- Why do smart, capable people keep repeating patterns they already know aren't serving them?
- What is the Fully Exposed® Method, and how does it help people create lasting change?
- If someone listening knows they're meant for more but feels stuck, what's the first move you'd challenge them to make today?

WHAT YOUR LISTENERS WALK AWAY WITH

- A perspective shift they'll never be able to unsee.
- A practical way to stop overthinking and start moving.
- A new understanding of the patterns quietly shaping their life.
- Greater confidence in trusting themselves and their intuition.
- One courageous next move they can make immediately.

LET'S CREATE AN EPISODE PEOPLE TALK ABOUT.

Pre-interview call available. Allison shows up prepared, on time, and *committed to delivering practical value your audience can immediately apply.*

Email hello@allisonhaglund.com or click [here](#) to book.