



Terms and Conditions for Stress Relief Meditation Series

Effective Date: December 24, 2024

1. Overview

These Terms and Conditions govern your use and purchase of the Stress Relief Meditation Series ("Product"), including the associated journal prompts and any related materials. By purchasing and accessing this Product, you agree to the following terms.

2. Product Description

The Stress Relief Meditation Series includes:

- Seven (7) professionally guided meditations in digital MP3/MP4 format.
- A downloadable journal in PDF format.
- Optional bonus materials as specified on the product page.

All materials are delivered digitally and accessible upon purchase.

3. Refund Policy

Due to the digital nature of the Product, all sales are final. Refunds will not be issued once access to the files has been granted. If you experience any technical issues, please contact our support team at info@abbydebeer.com.

4. License and Use

You are granted a non-exclusive, non-transferable license to use the Product for personal use only. You agree not to:

- Share, distribute, or resell the Product or any part of its content.
- Modify or create derivative works based on the Product.
- Use the Product for commercial purposes.

Any unauthorized use may result in legal action.

5. Disclaimers

- These meditations are designed for relaxation and stress relief but are not a substitute for professional medical or psychological advice, diagnosis, or treatment.
- Do not listen to meditations while driving, operating heavy machinery, or performing tasks requiring full attention.
- Results may vary; relaxation and stress relief depend on individual circumstances.

6. Delivery and Access

- The Product will be delivered via a secure link upon purchase.
- Access is granted immediately after payment and valid for a minimum of lifetime.
- It is your responsibility to download and back up the files.



7. Intellectual Property

All content, including meditations, journal prompts, and visuals, is the intellectual property of abbydebeer.com. Unauthorized reproduction or distribution is prohibited.

8. Technical Support

For any issues accessing or downloading the files, please contact us at info@abbydebeer.com. We aim to respond within 48 hours.

9. Modifications

We reserve the right to update these Terms and Conditions at any time. Changes will be effective upon posting on this page. It is your responsibility to review the Terms periodically.

10. Contact Information

For questions or concerns regarding these Terms and Conditions, please contact us at:

www.abbydebeer.com

info@abbydebeer.com

+85256139256