

FRIDAY

7:30 AM - 8:30 AM	MORNING WELLNESS SESSION <i>Available with the Morning Wellness pass.</i>
8:00 AM - 9:00 AM	REGISTRATION OPEN
9:00 AM - 9:40 AM	GENERAL SESSION: WELCOME
9:55 AM - 10:45 AM WORKSHOP 1: WHAT IS CONSCIOUSNESS?	<p>Core Concept: I am a spiritual being in a physical world, but I must develop my spirituality.</p> <p>Objective: To understand the difference between consciousness and self-awareness.</p> <p>Takeaway: To consider that there exists a deeper truth about who I am and why I am here.</p> <p>Description: You probably don't remember when you learned how to read, but it opened up whole new opportunities for you. This workshop is like that. It teaches this new language revealing the deeper truth about who you are and why you're here. We'll look at the difference between consciousness and self-awareness, and why understanding this distinction can change everything about how you experience life. You'll walk away knowing there's something profound within you waiting to be discovered.</p>
11:00 AM - 11:55 AM WORKSHOP 2: THE JOURNEY OF THE SOUL	<p>Core Concept: Nothing can evolve out of me that was not contained in me at the start.</p> <p>Objective: To increase my understanding of the hidden reality that lies inside of me.</p> <p>Takeaway: To consider that every moment of my ordinary life is the sacred path toward realizing my highest Truth.</p> <p>Description: Think of an acorn. Everything needed to become an oak tree is already inside. The same is true for you. This workshop helps you understand the hidden reality that lies inside of you, showing how every moment of your ordinary life is actually the sacred path toward realizing your highest truth. You'll learn to see your daily experiences not as random events, but as part of your soul's intentional journey.</p>
11:55 AM - 1:00 PM	LUNCH BREAK
1:00 PM - 1:35 PM	GROUP EXPERIENTIAL EXERCISE
1:35 PM - 2:30 PM	KEYNOTE ADDRESS BY VIKRAM GANDHI
2:45 PM - 3:40 PM WORKSHOP 3: THE PURPOSE OF TIME: THE INNER JOURNEY	<p>Core Concept: The truth of my existence lies inside of me and evolves over Time.</p> <p>Objective: To increase your understanding of the linear, circular and spherical cycles of life.</p> <p>Takeaway: To realize that I have the tools to turn my daily routine into a path of conscious self-development and aspiration.</p> <p>Description: Time isn't just minutes and hours. It's the canvas of time and space on which your inner truth unfolds. This workshop deepens your understanding of life's unfolding through its linear paths, circular patterns, and spherical wholeness. You'll learn to see beyond the surface of daily life and gain practical tools to turn your everyday experiences into a path of conscious self-development and aspiration.</p>
3:45 PM - 5:00 PM WORKSHOP 4: THE MISTAKES OF MY PAST DO NOT THREATEN THE TRUTH OF WHO I AM	<p>Core Concept: This truth contains the negation of my past.</p> <p>Objective: To begin reimagining the story of who I am and step into a more authentic version of myself.</p> <p>Takeaway: I now have a grounded path forward—clear actions that support my journey toward realizing my highest Self.</p> <p>Description: We can all tell stories about our experiences, the good ones and the painful ones. But do you know the story of your existence, of the truth of who you are? This workshop helps you begin reimagining the story of who you are and step into a more authentic version of yourself. You'll discover that your past doesn't define you, it's just been preparing you for who you are meant to be. You'll leave with a grounded path forward and clear actions that support your journey toward realizing your highest Self.</p>

SATURDAY

7:30 AM - 8:30 AM

MORNING WELLNESS SESSION *Available with the Morning Wellness pass.*

9:00 AM - 9:30 AM

GROUP EXPERIENTIAL EXERCISE

9:35 AM - 10:00 AM

SPECIAL ADDRESS BY VLADIMIR YATSENKO *Towards the Spiritual Age: The Ideal of Human Unity*

10:15 AM - 11:05 AM

WORKSHOP 5: THE INTEGRAL YOGA

Core Concept: To become a master of my life, I must become a student of my life.

Objective: To consider adopting a more conscious path to my life.

Takeaway: Knowing that my identity goes beyond the physical, I can now bring my deeper truth into daily actions and meaningful connections.

Description: This isn't about physical yoga poses. It's about becoming a student of your own life. This workshop invites you to explore what it means to live authentically, bringing your deeper truth into daily actions and meaningful connections. You'll discover that your identity goes beyond the physical body and learn practical ways to express your spiritual nature in everyday life.

11:10 AM - 12:00 PM

WORKSHOP 6: THE TRANSCENDENT WITHIN AND THE PATH OF SELF- PERFECTION

Core Concept: I carry this Truth inside of me. I must become one with this truth, live this truth, and realize this truth.

Objective: To explore how the patterns of my life obscure my true essence—and how to begin the journey back to my authentic nature.

Takeaway: When I am in harmony, life itself becomes a reflection of that inner balance.

Description: What if the life you're living is not who you truly are—but a reflection of the patterns, habits, and beliefs you've unconsciously adopted? In this workshop, we explore the profound truth that your outer world is a mirror of your inner condition. When we identify with our experiences—often shaped by fear, conditioning, or survival—we lose touch with the stable and joyful essence of our being. As you realign with your inner truth, your outer life begins to reflect that clarity, authenticity, and peace.

12:00 PM - 1:10 PM

LUNCH BREAK

1:10 PM - 1:45 PM

KEYNOTE ADDRESS BY VIKRAM GANDHI

2:00 PM - 2:50 PM

WORKSHOP 7: KARMA, FATE AND DESTINY

Core Concept: Suffering is self-imposed.

Objective: To realize that I am the author of my life.

Takeaway: My inner attitude has the power to create my outer circumstances, good and bad.

Description: This might be hard to hear, but it's also incredibly freeing. This workshop helps you recognize and embrace your role as the author of your own life. You'll discover how your inner attitude has the power to create your outer circumstances, both good and bad. Instead of feeling like a victim of fate, you'll learn to consciously participate in creating your reality.

3:00 PM - 3:55 PM

WORKSHOP 8: THE EVOLUTION OF CONSCIOUSNESS

Core Concept: Possibility to potentiality to realization.

Objective: To awaken to the realization that I am not separate from Truth—I am its living expression.

Takeaway: Waiting for the right time is the surest way to miss it—today is the threshold of change.

Description: You're not separate from truth—you are its living expression. This workshop awakens you to this realization and shows you how to move from seeing what's possible in your life to making it real, empowering you to face and embrace all that happens in and around you. The biggest insight? Waiting for the right time is the surest way to miss it. Today is the threshold of change and you'll learn exactly how to step through it.

4:15 PM - 5:00 PM

GROUP EXPERIENTIAL EXERCISE

SUNDAY

7:30 AM - 8:30 AM

MORNING WELLNESS SESSION *Available with the Morning Wellness pass.*

8:45 AM - 9:15 AM

GROUP EXPERIENTIAL EXERCISE

9:15 AM - 10:05 AM

WORKSHOP 9: THE JOY OF EXISTENCE

Core Concept: The unknown is not unknowable.

Objective: To orient my life toward the realization that the Truth of who I am is not to be found but lived.

Takeaway: Within me resides a reservoir of will, strength and peace.

Description: Life's biggest questions don't have to remain mysteries. This workshop orients your life toward the realization that the truth of who you are is not something to be found somewhere else; it's something to be lived right here, right now. You'll discover that within you resides a reservoir of will, strength, and peace that's always been there, waiting for you to access it.

10:20 AM - 11:15 AM

WORKSHOP 10: YOU BECOME WHAT YOU SEE IN YOURSELF. WHAT YOU SEE IS WHAT YOU BE. WHAT YOU BE IS WHAT YOU DO.

Core Concept: The meaninglessness of my old life has dissolved into the waters of my being.

Objective: To cultivate an integrated way of seeing & living—where body, heart, mind, and spirit move together in alignment with a deeper Truth.

Takeaway: To walk the path of truth is to walk with courage—becoming the Self you already are.

Description: The meaninglessness of your old life can dissolve into something beautiful and purposeful. This final workshop helps you cultivate an integrated way of seeing and living where body, heart, mind, and spirit move together in alignment with a deeper truth. In creating a spiritual path in your life, you will create the exact path that leads you to personal transformation and becoming the Self you already are.

11:15 AM - 12:30 PM

BREAK & CHECK OUT

12:30 PM - 1:45 PM

GENERAL SESSION: CLOSING CEREMONY