AWAKENING ALCHEMY RETREATS

Private, personalised retreats in the quiet of rural Scotland

Retreat Pricing

All prices below are per retreat and reflect the exclusive, private nature of our programmes. We host one guest, or a pair travelling together, at a time, so every retreat includes private hire of the entire centre and grounds. Choose the length and format that best suits your needs.

Duration	Solo	Solo + Companion *	Pair Retreat
4 nights	£2,650	£3,345	£4,995
5 nights	£3,530	£4,425	£6,495

Prices shown are starting prices and may be tailored to your personalised programme.

** Solo + companion: one guest undertakes the full retreat programme, while their companion stays to relax and accompany them, without taking part in sessions or treatments.*

Pair retreat: each guest follows their own individual, tailor-made programme.

What Is Included, Per Person

Every personalised programme is built around you and includes the following:

- **Personalised programme creation**
  A retreat schedule designed specifically around your needs and goals.
- **Initial consultation and assessment**
  A thorough conversation to understand where you are and where you wish to go.
- **Daily Alexander Technique with Daniel**
  Sessions to balance the nervous system, settle anxiety, and support emotional processing and healing.
- **Daily sessions with Tomaz**
  Guided support for inner inquiry and emotional release, allowing for personal insights, reduced anxiety and greater peace of mind.
- **One post-retreat consultation via Zoom**
  A follow-up session to help you carry the benefits of your retreat forward.

Every personalised programme also includes:

Exclusive hire of the retreat centre and grounds for your own use • All accommodation • Food cooked from scratch daily with healthy ingredients • Two to three sessions or treatments per day.

As we welcome one guest, or a pair travelling together, at a time, you enjoy total peace, privacy and care throughout your stay. Sessions and treatments are adjusted daily to match your individual physical, mental and emotional needs.

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Small Groups

Coming with friends or family? We can create a tailor-made retreat for a small group of up to six, shaped around what you would like to share and what each of you needs.

How a group stay works

Your programme

Time together might include guided meditation, sound baths, cacao ceremony and shared meals, alongside some one-to-one time with Dan and Tomaz.

Privacy

As with every retreat, the whole centre and grounds are yours alone.

Bedrooms

Up to three guests can each have their own bedroom. With shared rooms, we can host up to six.

Prices

Group retreats are priced individually. Please get in touch with your dates, group size and what you have in mind.