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DISCOVERING YOUR
ORIGINAL NATURE



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IN THIS VIDEO YOU LEARNED:



- ◇ How to get in touch with the secret we even keep from ourselves
- ◇ The guided journey to three former lifetimes
- ◇ The fire ceremony to release your former lifetimes

12 billion years ago, the immense force that we know as God, which existed in an unmanifested void, decided to experience itself. With a big bang, it formed all the matter in our universe, and then it continued to explore itself through myriad forms from rock to grasshopper to moon to elephant. Yet since the immense force was omnipresent and omniscient, each of its manifestations also possessed these qualities. To know itself through its many forms, it had to keep the nature of its being a secret even from itself.

Today, we need to understand the nature of reality. We need a new sacred dream because the old human dream has exhausted itself. As enough of us embody that sacred dream, it becomes a possibility for all of humanity. I invite you to explore this path, - a path that has now become available to us in the West, that allows us to partake in the process of creation - of dreaming a sacred dream!

In following this guided journey and visiting three past lives, we can heal our karmic lineage. The real battle is to transcend the karmic lineage we've inherited and stop repeating old mistakes. Winning this battle means waking up to who we really are, allowing us to dream our reality into being. But keep in mind, while healing makes you ready for your path, you still have to walk it. As we travel to each lifetime, we explore who loves us, who do we love; who have we not forgiven, who has not forgiven us. We will fast-forward to the last five minutes of this life and allow ourselves to pass peacefully.



EXERCISE:

HOW YOU WISH TO BE REMEMBERED

Now that lingering deaths are healed, you can chart a rich and empowered lifetime for the remainder of your journey here on earth. Imagine you've lived a long and rich life, and now you're on your deathbed. Write your own detailed eulogy. How you lived, loved, your adventures, how you were of service and how you wish to be remembered. What did you learn and overcome? After you finish writing, you might want to share it with loved ones. Are you on the road to living this life? And if not, what would have to change?

CONGRATULATIONS
FOR COMPLETING

SHAMANIC JOURNEYING

THE MEDITATION PRACTICE OF THE SHAMAN

IF YOU ENJOYED WHAT YOU HAVE LEARNED IN THIS FREE ONLINE TRAINING WITH ALBERTO VILLODO, AND YOU WOULD LIKE TO LEARN MORE ABOUT THE JOURNEYING PRACTICE, WE HAVE A BRAND NEW COMPLETE COURSE PREPARED FOR YOU.

ENJOY OVER 10+ HOURS OF VIDEO CONTENT, MANY BONUS RESOURCES, GUIDED MEDITATIONS, AN IN-DEPTH WORKBOOK AND LIVE VIDEO CALLS WITH ALBERTO VILLODO.

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