ASAOE

ASSOCIATION FOR STUDENT ADVOCACY OUTREACH AND EDUCATION

Series Summary

Transforming Workplace Conversations is a professional development series designed to empower individuals with the skills and knowledge necessary to create a more equitable and inclusive workplace. This program focuses on the development of empathetic communication, an essential tool for building trust, fostering collaboration, and promoting understanding among colleagues. Through these **interactive** training series, participants will learn how to effectively navigate difficult conversations, build stronger relationships with colleagues, and create a positive and supportive work environment for all employees.

Body Positivity in a New Year, New You Environment

Feb 7, 2023, 12:00 PM ET

Sticks and stones can break our bones, but words about our weight will impact how we behave for the rest of our lives. Okay, that's not exactly how the saying goes, but the message is true all the same. Even when we are "just joking," our comments about weight, appearance, and health can insult and impact our coworkers, our students, and our friends. Join writer and speaker Anne Grybowski as she teaches you inclusive language that you can use at school, in the workplace, or at Friends Night. Hear about firsthand experiences with eating disorders (EDs) body neutrality, and body positivity. Practice using new language and asking questions in a safe environment. Whether you're looking to expand your vocabulary or to work on your New Year's resolution, this event is for you.

Let's Talk about Neurodiversity

Feb 28, 2023, 12:00 PM ET

"Let's Talk about Neurodiversity" is a professional development program designed to help individuals understand and effectively communicate with colleagues who have neurodiverse conditions such as autism, ADHD, and dyslexia. The program aims to create a more inclusive and equitable workplace by teaching participants how to create an environment that is supportive and empowering of neurodiverse individuals. Through an interactive training session, participants will learn how to respect neurodiversity, how to communicate effectively with neurodiverse colleagues, and how to create accommodations that allow neurodiverse individuals to thrive in the workplace.

Communication with Males: Conversations in Culture

Mar 21, 2023, 12:00 PM ET

Join us for a unique professional development opportunity designed to help individuals improve their communication skills and build stronger relationships with male colleagues from diverse cultural backgrounds. This training will focus on understanding the cultural nuances and stigmas that can impact communication,

particularly those that may be unknown or not widely discussed. This training will also provide a safe space for participants to discuss and reflect on their own experiences and biases related to communication with men from diverse cultural backgrounds.

Let's Talk About "Not Knowing What to Say"

Apr 11, 2023, 12:00 PM ET

In this session, we will discuss the role that privilege and power plays in our interactions with others. We will explore the power dynamics in our workplaces and how they can impact our ability to effectively support and advocate for others. The **interactive** session will provide an opportunity for attendees to gain insight into their own privilege and gain skills to navigate complex situations. We will also discuss the common issues of not always knowing what to say or do, and how to navigate those situations in a way that promotes inclusion and belongingness. By the end of this session, you will have the tools to act in your workplace.

Don't be so Sensitive: Self Advocacy in the Workplace (Panel)

May 2, 2023, 12:00 PM ET

ASAOE is excited to offer a panel discussion on "Don't be so Sensitive: Self Advocacy in the Workplace." For this topic, we have a diverse group of panelists who will share their experiences and insights on how to navigate sensitive issues and advocate for oneself in the workplace. Our goal is to promote equity and create a more inclusive and respectful work environment for all. The panelists will discuss a wide range of topics, including how to communicate effectively with colleagues and managers, how to handle microaggressions and discrimination, and how to advocate for oneself and others in a professional setting. We encourage **active** participation and look forward to a thought-provoking and informative discussion.

Frequent Flyer: Dealing with your Repeat Offender

May 23, 2023, 12:00 PM ET

Join our professional development session on dealing with repeat offenders in microaggressions and discrimination. In this workshop, we will be discussing strategies for addressing and managing repeat offenders within our workplaces and professional environments. We will explore the power dynamics at play in these situations, and the importance of self-advocacy in protecting ourselves, and our colleagues from harmful behavior. Together, we will learn how to effectively communicate with repeat offenders and take steps to create a more inclusive and respectful workplace for all.

Learn more at:

https://www.asaoe.org/events