

Abracadabra: You Create As You Speak

*Powerful incantations, spells, affirmations and
ways to use your words to create a life of
harmony, health, and magical manifestations!*

*Adapted from the wisdom and work of
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STAR FAMILY WISDOM

Your Word is Your Wand

I am...

Healthy

Balanced

Harmonious

In Flow

Aligned

Peaceful

Joyful

Beautiful

Radiant

Intelligent

Unique

Loving

A Spark of God

Accepting

Compassionate

Trustworthy



Your Word is Your Wand

I am...

Curious

Wonderful

Magical

Miraculous

The Universe

The creativity of the Cosmos

Loving

Kind

Open

Helpful

Creative

Powerful

Sensual

Important

Fun

In Awe of Life

God



Your Word is Your Wand

I am...

A powerful creator

Following my interests and passions

Perfect the way I am

Strong

Resilient

Unconditionally Loving

Worthy of my desires

An indestructible loving energy

More powerful than I was taught

Rewriting the story of what is possible for my life

Giving myself grace and forgiving myself

Giving myself space to rejuvenate and rest

Generous and gracious

Empathetic and caring

In service to love

Connected with high vibrational beings of love, light and wisdom

Living in truth



Your Word is Your Wand

I am...

In love with life

Enough just as I am

Worthy of speaking my truth

Worthy of love

Fearless

Good at what I do

Attracting all of the good meant for me

Lucky

Poised

Graceful

Centered

Luminous

Attractive

Fulfilled

Embracing the unknown

Open to happy surprises

Taking inspired action



Your Word is Your Wand

I Have...

Divine support

Flowing Abundance

Caring Relationships

Security

Safety

Divine Guidance

Beautiful surroundings

Peaceful experiences

Healthy connections

Growing confidence

Interests that inspire me

Fulfilled dreams

All that I could ever ask for

Balanced and harmonious conversations

Stillness in my mind

Loving interactions

Material success



Your Word is Your Wand

I Have...

Peace in my body

Compassion towards other

The ability to empathize

The ability to see through the illusion of reality

A clear mind

Prosperity

Great self esteem

Divine desires

Big success

Increasing Happiness

Contentment

The wonders of God

The blessings of God

Divine luck

God protecting my interests

The Divine design of my life

The Divine blueprint for success



Your Word is Your Wand

I am releasing...

Any need for validation

Fearful beliefs

Any beliefs that keep me in a state of victimization

My past

Experiences that are not in alignment with my highest self

People who are not in alignment with my highest self

Any negative energies in my system

Any attachments to disharmonious situations

Any attachments to physical reality

Any energies out of alignment with freedom and love

The need to judge

The need to compare

The need to be right

The need to be anything other than I am

Ideas and beliefs that perpetuate states of separation

Tension in my body

What is not mine to carry



Your Word is Your Wand

I Experience...

The most beautiful outcomes

The most abundant outcomes

The most harmonious outcomes

Easeful flow in my days

Grace

Love

Harmonious situations

Fun adventures of my choosing

Healthy relationships

Divine connection

Joyful Spiritual evolution

The support of nature

The wisdom of nature

Heavenly harmony

Heavenly Divine order

My wildest most beautiful dreams coming true

The manifestation of my intentions



Your Word is Your Wand

I am manifesting...

My highest heavenly future

A life of ease grace and flow

Health and Happiness

Loving relationships

My dream life

All of the gifts the Universe has to offer

My truest version of my life

My destiny

All of my material desires

All of my spiritual gifts

Continuous support

Divine and Beautiful spaces

Fun and uplifting experiences

Higher levels of abundance

More and more beauty in my life

My highest heavenly wealth

Abundance I can share with others



Your Word is Your Wand

I am manifesting...

Healing for those around me

Health and harmony for my loved ones

Harmonious environments

Balanced and reciprocal Relationships

Divine order in all aspects of my life

A world in which all beings thrive

A future in which all beings connect through Love

A peaceful inner world

A life of contentment

A future filled with love

A flourishing and thriving ecosystem around me

More and more loving expressions of the Divine

With the power of the Divine Mother and Father

With the grace of the Divine

All of my most beautiful dreams, visions and intentions under grace

The fulfillment of others' needs under grace

Enough good for everyone



Your Word is Your Wand

I am open to...

All forms of abundance

The highest forms of abundance

All abundance coming together to support my ability to pursue my passions

Receiving all of the Divine support that allows my life to unfold in beauty

The highest form of Divine love

Beautiful opportunities that align me with destiny

Fun opportunities that bring me joy

Loving relationships

Help

Not knowing everything

Receiving

Creating in ways that align with my passions

Surrendering to life

Surrendering to this now moment

Releasing my fears

Working less and experience more abundance

Resting more



Your Word is Your Wand

I create...

Opportunities that move me towards my highest good

Opportunities that connect me to more and more abundance

Opportunities that allow me to receive easily and work less

Health and harmony in my body

Beauty all around me

Joyful moments of connection

Joyful moments of aliveness

With ease

In alignment with my passions

Opportunities for Divine alignment

Material wealth

Comfortable and cozy spaces

Fun experiences for myself and loved ones

With the power of the Divine Mother

With the power of the Divine Father

With all of the power of the Cosmos

Affirmations that help me stay focused on my higher path



Your Word is Your Wand

I create...

A life of ease grace and flow

Romantic and sensual moments of pleasure

Opportunities to enjoy the most beautiful earthly delights

Divine harmony

The conditions for miracles to occur

A future filled with love, beauty and abundance

My most lovely reality

What is in alignment with Divine truth

What is in alignment with Divine harmony

Material success and financial stability for myself

An overflow of financial blessings in my life

Financial blessings I can share with others

Because I am a powerful creator being

Because it is fun to dream and bring those ideas into the physical

In gorgeous ways

With the grace of God

With my unique gifts



Your Word is Your Wand

I am inspired by...

The harmony of nature

The abundance of nature

The complexity of this creation

Beautiful flowers

Eloquently articulated writing

Adventure

People who are in alignment with their truths

My ability to say yes to evolving

Myself

My willingness to show up for life on Earth

The infinite possibilities that exist

Colors

Sunsets and Sunrises

Beautiful foods

Harmonious sounds and music

Peaceful settings

The flow of water



Your Word is Your Wand

I am worthy of...

My highest good

My ability to live in beautiful ways

Having my needs met

Being provided for

Being supported

My dreams manifesting

Being in physical reality

Living a good life

Experiencing the highest blessings possible

Harmony and peace

My highest health

The most loving situations

Everything I desire

Safety and Security

Expressing myself in creative ways



Your Word is Your Wand

I am worthy of...

Healthy and caring relationships

Loving and fun relationships

A healthy lifestyle

Having an endless and abundant supply of blessings

My success

My cup overflowing with good

Resting and receiving

Envisioning beautiful ways of living

Traveling and Vacationing

Experiencing ease, grace and flow

The highest blessings possible

A balanced and easeful life

Not working all of the time

Asking and receiving

The Kingdom of Heaven

Experiencing Karmic completion



Your Word is Your Wand

I am excited about...

Life and the infinite possibilities that exist

All of the ways money flows to me

The way I experience the beauty of Mother Earth

Creating the life of my dreams

The financial blessings that flow in my life

All of the blessings I receive

The miracles that move me towards my highest future

The miracles that are created for others through Divine Love

The opportunities I create to come into wholeness

The opportunities I create to honor my true self

The ability to invest in self care

The ability to rest and receive

All of the fun and joyful moments in life

Enchanting and magical experiences

Experiencing all of the ways the Universe bestows blessings

Getting to know the Universe better

Getting to know myself as the Universe



Your Word is Your Wand

I am grateful for...

Imagination

Intimacy

Sensuality

Connection

Life unfolding in beautiful ways

Creativity

The ability to see clearly

The ability to think clearly

The ability to speak clearly

The ability to love

Peace

Harmony

The beauty of nature

The ability to feel

My health

Inspiring moments

Joyful moments



Your Word is Your Wand

I am grateful for...

Art

Colors

Laughter

My loved ones

Awakening

My Star Family and Guides

My Angels and Ancestors

The Light

The Dark, so I can appreciate the light

All of the Divine support I'm receiving

Cool Fall days

Rainbows

Rain

Bountiful harvests

Books and reading

The entire creation

Friendship



Your Word is Your Wand

I am grateful for...

The full cycle of life

Mother Earth

My past experiences that led me here

How my consciousness expands

People around me experiencing healing

The love that is possible

My expansion

This incredible multidimensional Universe

The gifts I find within myself

The mystery of life

Co-Creation

Feeling gratitude

How things unfold under Grace

My new levels of awareness

My expanding levels of awareness

My ability to hold compassion for others

This moment right now



Your Word is Your Wand

Thank You

Thank you for this harmonious day

Thank you for this Heavenly day

Thank you for this Divine day

Thank you for all of the good I experience

Thank you for the process of returning to wholeness

Thank you for the process of remembering our Divinity

Thank you for the clean water I have to drink

Thank you for abundance of healthy foods I have to eat

Thank you for the clean air

Thank you for the rivers, lakes and oceans

Thank you for the mountains and valleys

Thank you for the prairies, fields and grasslands

Thank you for the marshes, wetlands and streams

Thank you for the beautiful and healthy ecology that is returning to the surface of the planet

Thank you for the process of rebirth

Thank you for the healthy rebirth the Earth is experiencing

Thank you for my rebirth and the new beginnings available to me



Your Word is Your Wand

Thank You

Thank you for the sky

Thank you for the clouds

Thank you for stars and moon

Thank you for my home

Thank you for my bed

Thank you for cozy blankets and pillows

Thank you for beautiful colors and designs

Thank you for my unique style and interests

Thank you for the ability to dream and create

Thank you for travel and new experiences

Thank you for the planets in our solar system

Thank you for the perfect Divine order the planets in our solar system represent

Thank you for the intelligent creation of our Universe

Thank you for the opportunity to know all aspects of the creation

Thank you for the opportunity to experience the most loving and beautiful aspects of creation

Thank you for animals and fish and birds

Thank you for all of Mother Earth's children



Your Word is Your Wand

Divine Harmony and Good

The ease grace and flow I desire is a perfect idea in the Divine Mind

All that I require or desire is a perfect idea in the Divine Mind

My success and prosperity is a perfect idea in the Divine Mind

My natural state of Divine love and grace is a perfect idea in the Divine Mind

The good that is mine reaches me now

There is only the eternal now, therefor all that I desire reaches me now

I am connected to all things, therefor I draw to myself with immense power, the good that is mine

I experience the highest Divine harmony and beauty every day

I experience the most heavenly outcomes

I do not worry or doubt, as I know Divine love through me dissolves all obstacles

I am a vessel for miracles

I am a Divine bridge for the highest heavenly energies

I am a Divine bridge for a steady and ever increasing flow of Divine love

I am aligned with the state of harmony that is Divine truth

I am connected to everything and attached to nothing

I allow the Divine Mind to move me towards my highest good



Your Word is Your Wand

Divine Harmony and Good

I see through the illusion of lack and call in the infinite abundance available to me

I see through the illusion with love, I meet with the illusion with love, and I change the illusion
with love

I see through the illusion of separation

I see through the illusion of loss

I know there is only oneness in the Universe, and I am one with the Divine Mother and Father

I know there is only oneness in the Universe, therefore I cannot be separated from what is truly
mine

I know there is only oneness in the Universe, therefore what I require or desire reaches me
under grace and in perfect ways

I see through the illusion of separation and I reaffirm the oneness and unity that is the Divine
truth of the creation

I see through the illusion of lack and I reaffirm the state of abundance I am living in all of the
time

I see through the illusion of disharmony and I reaffirm the perfected Divine order that is the
Divine truth of the creation

I see through the illusion of separation and I unite with my soul family now

I see through the illusion of separation and I unite my highest good now

I see through the illusion of separation and I unite with all of my Divine blessings now

I see through the illusion of separation and I unite with my highest state of harmony now



Your Word is Your Wand

Commanding and Declaring

I declare and decree that the Divine harmony that is the natural state of order in the Universe is now present in my mind, body and all aspects of my life

I declare and decree that I am free from negative illusions

I declare and decree that I am the Divine Mother and Father incarnate, and I allow the blessings of God to pour through my being for the good of all

I command my highest good and the highest good of all to flow freely

I command my body to return to perfect states of health

I command my mind to operate in Divine ways

I declare and decree that I am a Divine sovereign being of light and I choose to operate fully and completely in the light

I declare and decree that I am free from lower vibrational states of being

I declare and decree that I am liberating all aspects of my being throughout Creation

I declare and decree that all aspects of my being throughout Creation are free and sovereign

I declare and decree that I am aligning with my perfect Divine blueprint in every moment

I declare and decree that it is my Divine right to experience the abundance of our Universe

I declare and decree that it is my Divine right to operate in my sovereign power

I declare and decree that any negative forces or energies that wish to interact with me will be immediately rejected, repelled, dissolved, or healed by Divine Love

I declare and decree that I choose to operate in states of Heavenly harmony



Your Word is Your Wand

Commanding, Choosing, Allowing

I command all negative energies to leave my energy field and return to the womb of creation under grace and in perfect ways

I command the powers of creation to return this planet to a balanced state of harmony

I command the powers of creation to return my life to a balanced state of harmony

I command the powers of creation to dissolve and dissipate negative energies in my presence

I command the powers of creation to produce the most heavenly and abundant illusions

I see through the illusion with love, and I now change the illusion to the most loving, harmonious illusion possible

I know I live in a Universe of infinite possibilities, and I allow the most Divine possibilities to reach me now

I know I live in a Universe of infinite possibilities, so I allow myself to rise to higher vibrational states of being where higher possibilities exist

I command lower vibrational energies, beliefs and ideas to drop away now

I choose to see higher possibilities and command my body and mind to work towards experiencing those higher possibilities

I choose and allow miracles to flow in my life

I choose and allow Spiritual gifts of healing, empathy and compassion to grow in my being

I choose and allow the most heavenly illusions to manifest in the physical

I choose and allow my most beautiful and lovely dreams to manifest in the physical



Your Word is Your Wand

Allowing

I allow the blessings of the Divine Mother to flow freely

I allow myself to see higher ways of operating

I allow myself to honor all aspects of life, honoring birth, death and all moments in between

I allow myself to see beyond the physical illusion of death, and embrace my immortality

I allow myself to know myself as God

I allow myself to be all things

I allow myself to remember who I really am

I allow myself to know the gifts of God

I allow myself to experience miracles

I allow myself to rest and receive, like the Divine Mother

I allow myself to take inspired action and create structure, like the Divine Father

I allow myself to act and rest in balanced ways

I allow myself to move fluidly between the energies of the Feminine and Masculine

I allow myself to know balanced Divine Feminine and Masculine unity

I allow myself to be inspired by the unification of energies in the creation

I allow myself to attract all I desire through this unified state of consciousness

I allow myself to create with power through this unified state of consciousness



Your Word is Your Wand

Allowing and Remembering

I allow myself to release all attachments to my past self

I allow myself to release all attachments to my future self

I allow myself to perceive myself as my energy and not my body

I allow my soul's energy to operate this body in perfect Divine ways

I allow my higher self and all higher aspects of myself throughout creation to guide me
towards higher expressions of my soul's Divinity

I allow my higher aspects to share their gifts and Divine intelligence with this version of me
now

I allow my Divine team of Masters, Guides and Angels to create extra energetic protection
around all aspects of me throughout creation

I allow my higher and future consciousness to guide this version of me to the Divine
completion and destiny that is planned

I allow all things to exist

I allow all aspects of the creation to teach me and move me towards unity

I remember the how to complete the Divine plan for my life

I remember the gifts my soul carries and allow them to activate fully

I remember the perfect state of unity in which all things are possible

I remember the path to fulfill my destiny

I allow myself to remember what is relevant for my soul's mission in this life



Your Word is Your Wand

Divine Magnet

I am Divinely magnetic for the most wonderful, beautiful, and positive opportunities

I am a magnet for joyful and loving relationships

I am a magnet for my highest good

I am Divinely magnetic for the Divine Mother's abundance

I am Divinely magnetic for my soul tribe

I am an irresistible magnet for all I desire

I am Divinely magnetic for love

I am an irresistible magnet for financial blessings

I am a Divine magnet for healthy situations

I am Divinely magnetic for my success

I am an irresistible magnet for blessings that can be shared

I am an irresistible magnet for my Divine desires

I am Divinely magnetic for the energies that help me ascend

I am Divinely magnetic for the opportunities that support my good

I am an irresistible magnet for good that supports others

I am an irresistible magnet for resources that I can share

I am an irresistible magnet for all that is true and lovely



Your Word is Your Wand

Divine Support

Divine love through me dissolves all obstacles

Divine love is my armor

I am so grateful for the support and protective force of unconditional love

I send love to all beings and know that the Divine Mind of the Universe only knows perfect love
and perfect balanced energy

I am connected to my Source and receive the energy that supports my Divine mission on Earth

I am a magnet for the abundance beauty and love that is ever present the Divine Mind

The Divine Mind only knows balance and harmony, therefore all aspects of my life return to
harmony and balance

I am the love of Source in human form

As I call upon the Universe for protection and support, the Universe delivers

The power of love organizes the most miraculous and beautiful events in my life

I am Divinely protected, Divinely supported and Divinely inspired

I know the Universe is always moving me towards my highest good

The energy and love of Mother Earth brings me Divine protection

As I heal and cultivate my internal power, obstacles fall away

I walk with the power of Source

I am an agent of the Divine



Your Word is Your Wand

Divine Support

I call on the love of the Universe to guide me

I am open to the mysterious good of the Universe

I prepare for my unexpected good and it arrives with ease

I prepare for my unexpected good and welcome it with open arms

I am wide awake to the miracles of the Universe

I see Divine support everywhere

I take action with a fearless and open heart and the Universe always delivers

I look with wonder and awe at all of God's creation

I have faith in the Universe, Source, God

I am enveloped in Grace

I call upon the law of Grace and ask for benevolent outcomes

I welcome the Grace that is available for our planet

I release all wants, desires and needs and operate in service to the greater good

I am wide awake to the miraculous blessings all around me

I am wide awake to the positive evolution that always occurs

I take action with the support of high level Angels, Masters and Ancestors

I ask for the support of the highest levels of beings who are in service to love



Your Word is Your Wand

Divine Support

I welcome Divine solutions

I ask for Divine solutions to any problem that arises

I ask for the my highest good to flow through the path of least resistance

Divine love through me creates the perfected Divine order

I am always guided to the best solutions possible

I know that Divine love always make a way where there is no apparent solution

Even though I cannot see my non-physical team, I trust in their support

Even though this world has taught me not to trust, I open my heart in trust

Even though this world has taught me to discount the Divine, I claim my Divinity

I claim the Divine support available to me

I claim the Divine experiences, energy and love that is available

Even though I have not always felt supported, I know that as I open my heart, I am supported
more and more

Even though I have experienced hardships, I trust in those experiences to guide me higher

I trust in life

I trust in the support I've asked for

I allow beings of love, light and wisdom to protect me

I ask for the highest levels of Divine support and protection possible



Your Word is Your Wand

Money and Abundance

I have the magic purse strings of the Spirit and money pours in and piles up under grace

Any money I spend immediately flows back to me

For every dollar I spend, two come back to me

My supply comes from God and cannot be depleted

My supply is endless and inexhaustible

My supply comes from the stream of infinite abundance

My bank accounts are crammed, jammed and filled with money

My bank accounts are irresistible magnets for wealth

As money goes out, more comes in

I prepare for my highest good and it flows to me unobstructed

I prepare for my wealth and welcome it with open arms

I call on the Law of Accumulation. My money comes from God and pours in and piles up

I call on the Law of Accumulation. I request Divine financing and money flows to me in ever increasing streams of abundance.

I call on the Law of Accumulation. I receive my Divine supply now.

My wealth is a gift from God in action, and I am always one with God.

Because I am one with God, I am one with the abundance that is mine by Divine right

I share with so much gratitude knowing I am a vessel for the blessings of all



Your Word is Your Wand

Money and Abundance

I am a Master of Manifestation

I see through limitation and lack and see only abundance and infinite possibilities

I allow the Universal order of flowing abundance to be the Divine order in my life

I expect my success, happiness and abundance

I expect and prepare for the Gifts of God

How can I be separated from the gifts of God when I am one with God?

How can I experience lack when there is an endless flow of abundance available?

I see that all of my blessings are God in action

I welcome the gifts of God and blessings that are mine by Divine right

Nothing is too wonderful and nothing is too good for me

I expect the blessings that are possible and I welcome them under grace, now

I rest in the eternal now and receive my infinite good fortune

I know that God works in wonderful and ingenious ways to bestow blessings

I know that God is me and I am God and I am all things, therefore I receive the things I desire

I expect my unexpected good to reach me!

My glorious good is a perfect idea in the Divine mind and it comes to pass now

My glorious good is shared with others freely because my supply of good is endless



Your Word is Your Wand

Money and Abundance

Now is the appointed time

Today is the day of my good fortune

This year is the year of my good fortune

This is a time of blessings for Mother Earth's children

I always follow my intuition and I am luck incarnate

I am always experiencing lucky and unexpectedly good outcomes

I do not worry about material blessings - I let God take control of the situation

I cast all perceived burdens on the Divine within and I go free

I know that the mind of God makes a way where there is no way

I know that the mind of God has control over all of my affairs and my good comes to pass now

I know that God is working in miraculous ways to bring our collective good to pass

I am Divinely guided and I take inspired action to arrive in the Kingdom of Heaven

My supply comes from God and big happy financial surprises come to me now, under grace
and in perfect unexpected ways

I welcome the happiest surprises for me and all of my loved ones

I allow the biggest and most beautiful financial blessings to be mine now

I allow God to surprise me and my loved ones in fruitful and beautiful ways



Your Word is Your Wand

Money and Abundance

I never want because I trust in the Divine

I look at astonishment at all of the happy surprises I receive

I look with wonder at God's marvelous creation

Isn't it wonderful how all things fall into place?

I marvel at what I'm creating in my life and welcome high levels of Divine support

I am wide awake to the infinite good that is available

I am wide awake to the mysterious and glorious grace of the Universe

I am wide awake to my good and let it pour in now

I am constantly in awe at how the Universe supports me

I am constantly in awe at how the Universe guides me towards my good

I am constantly in awe at how the Universe bestows blessings

I am wide awake to the blessings that are possible

I look with wonder at all of the blessings I've been given

I look with wonder at the flow of abundance all around me

I am amazed by the inexhaustible supply of God

I am amazed by the endless good fortune I experience

I am so grateful for the Divine supply and support I receive



Your Word is Your Wand

Money and Abundance

I embody wealth and abundance

I am wealth and abundance

I have wealth and abundance

I give and share the abundance I receive freely

As I share freely I receive more

Any money I lose is restored to me or I receive its equivalent

Any money I give comes back to me tenfold

I deny loss and lack

There is only abundance and unity in the Divine Mind

I am one with God therefor I am one with the abundance of the Universe

I release all thoughts of lack or loss and welcome the perfect idea of abundance

Abundance flows to me in ever increasing streams of good

I am magnetic for avalanches of money

I love money

Money is good

Money comes to me easily

Money supports me in this Divine mission



Your Word is Your Wand

Money and Abundance

As I choose more I receive more

I choose to receive more now

I choose to raise my minimum standard of living

I choose to raise my minimum standard of Divine support

I choose to raise my minimum standard of Divine abundance

I choose to raise my minimum standard for what I'm worthy of

Abundance flows to me effortlessly

My bank accounts are overflowing with money

My cup overflows and I share with joy

I share the abundance I receive with gratitude

Divine intelligence knows the way to fulfill my desires

Divine intelligence knows the way to fulfill my wishes

Divine intelligence is always working to bring our collective good to pass

Divine intelligence is always working to bring my good to pass

I am open and willing to receive

Any notions of lack or loss are now banished

There is no loss or lack in the Divine mind; I align with the truth of infinite abundance



Your Word is Your Wand

Relationships

I choose to offer love even though I've experienced pain

I choose love as the only path

I know only love is real

I welcome the most truthful and integrous people into my life

I embody my truth and attract people in alignment with that truth

I trust other people

I know all beings are capable for loving connection

I allow Divine love to dissolve issues with others

I allow myself to release resistance to relationships

I am safe in relationship with others

I embrace new possibilities for my relationships

I call in higher, more aligned connections

We are all uniting under grace and in perfect ways

Mother Earth's children are healing, uniting and thriving under grace

I choose to see the positive possibilities for my relationships

I choose easy relationships

I choose to follow my heart



Your Word is Your Wand

Relationships

I am caring, helpful and loving towards others

Now is a time of magical co-creation and I find the people meant for me

I choose only the healthiest loving relationships

I open my heart to more beautiful connections

I choose to see God in others

I choose to see the Divine potential in others

I choose to see the radiance of the Cosmos in others

I choose to see the beauty of Divine Mother's creation in others

I choose to see beyond limitations and acknowledge the Christ in all

I choose to see beyond negativity and share love openly

I meet negativity with love

I meet new caring friendly people all of the time

I hold intentions for the highest healing and harmony for all

The right people, circumstances and situations cross my path in Divine timing

The Divine plan for my life is made possible by loving connections

The Divine mind only knows oneness and harmony

I see other through the lens of pure love



Your Word is Your Wand

Relationships

I love everyone and everyone loves me

There is no separation in the Divine mind, only oneness and connection

I know this planet is abundant with healthy, loving people

I am an irresistible magnet for loving caring relationships

I value relationships

I welcome new relationships into my life

Divine love dissolves obstacles that stand between me and my destined relationships

I am so grateful for the help I receive

I am so grateful for the hearts of others opening

I am so grateful for my open heart

I am so grateful to know the Divine in others

I am so grateful to choose connection over separation

I am so grateful to know the interconnectedness of our Universe

I am so grateful to be in relationship with wise people

I am so grateful to be in relationship with people who love the planet

I am so grateful for how Angels connect me with the right people

I am so grateful to be able to help other people



Your Word is Your Wand

Health and Vitality

I become more vibrant and healthy with every breath I take

Divine Love floods my consciousness with health and every cell in my
body is filled with light

My body is a perfect blueprint of human health and healing

I am connected with my Source and receive the energy and nutrients
for health that my body desires

I am in perfect health, with every cell in my body acting in harmonious
ways. I radiate health and beauty

There is only divine perfection in the divine mind, therefor I must return
to perfect health

Rhythm, harmony, and balance are now established
in my mind, body and affairs

The foods that are good for my body taste so good and I crave their
vitality and strength

I am divinely protected and divinely inspired; I am so grateful for my
body and its ability to regenerate every day

I give thanks for my permanent health and wellness

My hair is beautiful and healthy

My skin is so refreshed looking

I am glowing

I am a radiant and am beaming love



Your Word is Your Wand

Health and Vitality

I am always refreshed

I am ageless

I am always vibrant

I am radiant

I feel younger every day

My body rejuvenates easily

I am healing and feeling better

I feel so healthy and vibrant

My body knows how to heal and regenerate

My skin is looking younger every day

I command my cells to work in healthy ways

I command my body to function in young healthy ways

I am the perfect blueprint of health and healing

As I breathe my cells receive oxygen and regenerate

My cells repair themselves easily

My skin is resilient and beautiful

My DNA holds the blueprint for healthy cells



Your Word is Your Wand

Health and Vitality

I am vitality and health

I am younger by the day

My body knows what to do to heal itself

I call on my highest source energy for healing and rejuvenation

I am a perfect blueprint of wellness

I am divine in every way

I have the most perfect body

I am unique and my uniqueness is my beauty

I love fresh foods and juices that keep me healthy

Green foods are so tasty and filled with energy

I love the energy I get from fruits

I love all colors of food - the more variety the more nutrition

I am love meals that are bountiful with fresh vegetables

I am the perfect example of health and fitness

I love taking care of my body because it takes care of me

Physical exercise feels so good and rejuvenating for my body

There is no such thing as age; I am timeless



Your Word is Your Wand

Health and Vitality

I am the timeless essence of myself; perfect in every way

I love doing things that make me feel young

As I act young, my body becomes younger

Green foods give me the life force energy of Mother Earth

I love the renewing energy of the Sun

I feel better and more vibrant when I eat fruits and vegetables

As I play and have fun my body becomes younger

As I enjoy life and live carefree my body becomes younger

As I exercise I am allowing life force energy to flow through my body

Physical exercise makes me feel young and healthy

I am the timeless vision of beauty

I command my cells to express themselves in the most perfect
harmonious way

I am the perfect blueprint of ageless beauty

I am looking incredibly young

I am always looking great

I am always feeling great

I feel strong and empowered



Your Word is Your Wand

Health and Vitality

I know my body is meant to heal itself

As I quiet the mind, the body return to its perfect state of health

My body is so good to me; I love my beauty and strength

I wake up feeling so refreshed everyday

As I tell my mind how I want my body to operate, my body cooperates

I am returning to perfect balance and harmony

All cells in my body are harmonious and rejuvenating perfectly

I wake up feeling more refreshed everyday

My body knows how to return to perfect health always

I command my mind to make healthy choices

I command my mind to direct me towards the healthiest options

I know my mind acts swiftly to resolve any bodily dysfunction

I breathe in life force energy

As I breathe, my body is filled with vitality and joy

I wake up feeling so younger and younger each day

My mind and higher self work together to direct me towards the health
and wellness that is mine by divine right

My body is harmonious and balanced



Your Word is Your Wand

Health and Vitality

I let go of beliefs that keep me as a victim of my biology

I know my mind controls my biology and I direct my body to be in perfect balance and harmony

As I make healthy choices, my body is rejuvenating perfectly

As I make healthy choices, my longevity genes are switched on

My body is designed to heal itself

I breathe in peace and breathe out stress

As I breathe, my body relaxes and rejuvenates

As I am one with all of life and the Universe, I return to perfect health

As I see the beauty and vitality in all things, I see the beauty and vitality in myself

The Spirit of the Universe flows through me, maintaining balance and harmony

As my mind is harmonious, my body is harmonious

My mind directs my body to maintain perfect health

I feel so at ease and peaceful

My body is a perfect expression of love

I am a walking expression of health and wellness

I am a walking expression of youthfulness



Your Word is Your Wand

Health and Vitality

I am becoming and remaining younger

I know it's possible to become physically younger

I see myself becoming younger with each day

I am an excellent example of youthful vitality

I have so much energy and strength

I am continuously increasing my strength and stamina

As I think about becoming younger, my body follows my directions

I know my cells are going to be in perfect order forever

I command my cells to return to perfect order and harmony

The Universe is a perfect expression of order and harmony so my body is a perfect expression of order and harmony

I am a walking expression of balance and peace

I am a walking expression of beauty and vitality

I am becoming the younger version of myself

I love life and take on new challenges with passion and excitement

I'm so excited about my healthy and beautiful future

I am directing each cell in my body to function as a young and healthy cell

I am energetic, ready for fun and fulfillment



Your Word is Your Wand

Health and Vitality

I am more agile and active with each day

My cells are glowing, radiant, perfect and resilient

My body is so resilient and healthy

I command my cells to act resiliently and rejuvenate every part of my body

My mind is powerful and these words have a permanent effect

My memory is resilient and improving every day

My mind cannot get old; it only knows youthful vitality

My memory is exceptional

I instruct my mind to work in perfect harmonious ways

I have perfect recall and retention

As my mind expands, I become healthier, more resilient and strong

The more I ask my mind to help me stay healthy and young, the healthier
and younger I feel

My memory is dependable and reliable

My cells are perfect, beautiful and filled with love

I am love

My body operates in alignment with love

Love fills my cells with light



Your Word is Your Wand

Wonder, Awe and Astonishment

I look with astonishment at this marvelous creation

I sit in awe at the miraculous alignment between past, present and future

I am filled with wonder for life

I am astonished at how miracles flow in my life

I am astonished at how miracles flow in the lives of my loved ones

I look with awe at the beauty all around me

I am in awe of God's ingenious methods

I am in awe of God's miracles

I look with wonder and astonishment at how my good unfolds

I look with wonder and astonishment at the Divine synchronicities that align me with my most beautiful life experience

I am in awe of the Divine love that is possible

I am astonished by how love always finds a way

I am in awe of the love force of creation

I am in awe of how love connects me with my perfect partner

I am filled with wonder for love and life

I am astonished by how God has moved mountains to bring miracles to our planet

I am in awe of Divine love



Your Word is Your Wand

Wonder, Awe and Astonishment

Behold the wonderful workings of God!

Behold the astonishing and most wonderful works of God

I look with wonder at how my highest good has manifested

I look with awe at my ability to manifest my dreams

I look with wonder as God's miracles flow in my life

I am astonished by how my powers of manifestation have grown

I am astonished by how I am now living in Heaven on Earth

I look with wonder at the Heaven on Earth that is possible

I am in awe of my Heaven on Earth

I choose the wonderful and miraculous ways of God

I choose the most wonderful expressions of Divine love in my life

I am in awe of how love flows freely in my life

I am astonished by my mysterious good manifesting

I am in awe of the mysterious workings of the Universe

I am in awe of the Heavenly experiences that unfold daily

I look with wonders at the miraculous Divine order that is now present

I am filled with wonder for magic of life



Your Word is Your Wand

Divine Love and Romance

I allow the most beautiful fulfilling Divine love to exist

Thank you for how Divine love unites me with my perfect partner

Thank you for my destined soulmate and I uniting under grace

God utilizes every person and situation to unite me with my heart's desires

I am one with God therefor I am united with my perfect partner

As I love myself, Divine romantic love comes to me

I am worthy of the most beautiful sacred love

The love that is already planned for me is here now

The love that is mine by Divine right is now manifesting under grace

I am the love of the Universe in action

God's work is now finished and my perfect love comes to me

I am so grateful for my endless love and abundance

I am so grateful for God uniting me with the most loving, thoughtful partner

My romantic relationship is aligned with Divine harmony

I only see love, experience love and give love

There is only loving order and loving creation in the Universe

The love that is meant for me arrives now



Your Word is Your Wand

Divine Love and Romance

I marvel at the most Divine love flourishing in my life

I am so grateful for the expansion of Divine love in my life

I am so grateful for my partner's perfect love

My partner and I create the perfect oneness through our Divine union

I am aligned with the Divine truth and intelligence of this creation

I embrace my sensuality and allow myself to experience Bliss

I experience the bliss of Divine union and oneness with God

As my partner and I unite, we are united in Divine harmony

As my partner and I unite, we are protected by Divine love

As my partner and I open our hearts in love, we experience the most wonderful miracles

My partner and I express our love for this creation through our union

My partner and I come together in beautiful ecstatic union

I receive the love of my partner with ease

I hold an open heart for all aspects of my partner

I do not limit the Universe by seeing limitations in my partner

I am beautiful, radiant, and an irresistible magnet for my perfect partner

I am Divinely magnetic for the most beautiful love



Root Chakra Affirmations

I am always safe and secure with myself

I am surrounded by Divine support

The Universe always provides for me

My home is a beautiful sanctuary and oasis

I create safety within me

I am grounded and anchored to Mother Earth's energy

I receive the blessings of Mother Earth with ease

I am held by our Mother, the Earth and she always provides

I claim my worth, power, and energetic strength

I am worthy of taking up space

I feel connection with all of life around me

I breathe life force energy into myself and back into the Earth

I am in love with life and life is in love with me

I am always safe in community

I am constantly attracting the right community

I am attracted to the right people, places and situations for my highest good

My body rejuvenates with ease and grace

I am aligned with my perfect Divine blueprint



Sacral Chakra Affirmations

I am balanced and harmonious

I am safe in relationship with others

I bring a sense of calm, peace and security to my relationships

I am always experiencing the abundance of the Universe

I am safe expressing my sexuality

I allow the life force of creation to move through me and create in beauty

I release any need to seek safety outside of myself

I allow myself to feel my feelings and release them with ease

I allow myself to be nurtured in all ways

I let go of any need to constantly do things

I allow myself to rest and relax

I know that my peace is a perfect idea in the Divine Mind

I am a sacred being worthy of all that is sacred

I receive abundance easily

I attract the most beautiful and caring romantic relationships

Life is always presenting new delightful situations and I allow myself to experience the pleasures of life

I release any ideas of lack

I allow myself to experience the delights of the human experience



Solar Plexus Affirmations

I am worthy of all I desire

I am empowered, capable and confident

I let go of judgement and any need to control my reality

I allow my power as God to fully activate

I rest and surrender into the Grace of Source

I allow myself to manifest in powerful ways

I am a master of manifestation

I allow my power as God to activate fully

I have healthy and appropriate boundaries

I am at ease with people seeing me as powerful

I access authentic, aligned, peaceful power

I take inspired action and allow my days to flow with passion

I let go of the need to be right

I am at peace with my ability to be powerful and confident

I reclaim my power from all times, places and people

I have high self esteem and see myself as God sees me

I do not limit the Universe by limiting myself

I am unlimited



Heart Chakra Affirmations

I forgive myself for times I was not kind to myself

I forgive myself for times I was not kind to others

I forgive others for times they were not kind to me

I am open and receptive to the most beautiful relationships

I am willing to receive love fully

I give perfect love

I am the love of the Universe in action

I am grateful for all of the gifts I've been offered

I am grateful for the ability to love

I love myself fully and completely

I am unconditional love

I forgive everyone and everything unconditionally

I am free from any pain

I am open, receptive, joyful and expansive

I am happy and uplifted

I am connected to the Universal stream of never ending blessings

I am connected to and one with my Source

I open my heart and give love without expectations



Throat Chakra Affirmations

I am a gifted communicator

I communicate with ease

I speak my truth with confidence

I am heard and understood

I listen with grace and gratitude

I love the silence of my peaceful inner world

I speak magic and miracles into existence

With my words, I create

I release any fear of using my voice

I am grateful to use my voice to help others

I command the powers of creation through my voice

I use my voice to dissolve issues in my life

I let go of any doubt about what I should or shouldn't be saying

I speak from the heart

I speak in ways that create beauty around me

I speak and listen in balanced ways

My voice is unique and important and needs to be heard

I speak abundance into my world



Third Eye Affirmations

I trust my intuition

I use my intuition to guide me to higher places

I am clear and thoughtful in how I move through the world

I listen deeply and receive guidance from my soul

I am my higher self

It is safe to follow my intuitive guidance

I perceive and think clearly

I perceive more than the illusion of the physical

I know there are unlimited possibilities

I remember the Cosmic truths of our reality

I remember the path to achieve my highest good

I easily connect with my non-physical team in Spirit

I let go of old beliefs that are not mine

I allow my new beliefs to form easily and effortlessly

I trust in my new beliefs and act fearlessly

I embrace my extrasensory perception

I allow myself to think of the most beautiful outcomes

I have a healthy and creative imagination



Crown Chakra Affirmations

I am part of God and intimately connected with my Source

I am my perfect Divine blueprint

I am an extension of my Source

I allow Divine love and Source energy to flow through me with ease

I am the light and love of the Universe

I am aligned with my soul's purpose

I am one with the Universe

I cast any and all burdens on the Divine within and I go free

I am attracting the highest vibrational beings of light and love

I feel connected to my family, community, galaxy and Universe

I am connected to everything and attached to nothing

I know the Universe is benevolent

I am completing my soul's mission with ease and grace

I trust the Divine plan for my life

I connect with Higher Intelligences with ease

I experience the Grace of the Universe

I know my natural state is ease, grace and flow

I am complete and whole

