

# Duality and States of Consciousness

## YIN: FEMININE

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Night  
Moon  
Intuition  
Emotions  
Flow  
Sensuality  
Irrational  
Dispersal  
Cyclical  
Synchronicity  
Magic  
Softness  
Receptivity  
Ritual  
Passive  
Tenderness  
Water  
Winter  
Humility  
Art  
Internal  
Eternity

## YANG: MASCULINE

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Day  
Sun  
Reasoning  
Logic  
Structure  
Rigidity  
Analysis  
Causality  
Linear  
Causality  
Sequential  
Hardness  
Action  
Contracts  
Active  
Strength  
Fire  
Summer  
Confidence  
Science  
External  
Time

