

Elevate Your Poker Mindset

You WILL Make This a
Profitable Journey



Introduction

Hello! Sky here from Smart Poker Study. I want to thank you for picking up this 12-Day Course that WILL help you pursue a profitable poker journey.

You may be thinking that it's impossible for you to make money with online poker. You want to turn your passion for poker into a profitable side income, but maybe you've been losing for years and you're getting disheartened. Maybe you're listening to all the whiners out there saying that it's impossible to profit in online poker. Or, maybe you're simply tired of losing and you're about to throw in the towel.

You might even have someone in your life like a wife, husband, girlfriend, boyfriend, parents... who are naysayers and don't believe in you.

I want to help you get over these objections and help you to realize that IT IS POSSIBLE to make money with online poker... and YOU CAN DO IT.

Introduction

I'm not talking about becoming a pro (although, if that's your goal, that's possible as well). I'm talking about pursuing your poker journey more seriously so you can stop losing and make an additional \$20+ per day.

This is going to require that you improve your skills by studying and playing with more focus.

Over the next 12 days, I'm going to respond to the 12 most common objections people have to the possibility of making a profit playing online poker.

Each of the following slides contains a link to a video for you to watch and take notes with. Below each video link is a quick synopsis and some action steps for you to take after watching the video.

Good luck on your poker journey and enjoy the next 12 days...



If not now, when?

-Anonymous

Day 1: Time Management

Click to
Play
Video
Online



Link:

<https://go.smartpokerstudy.com/elevate-thanks>

Synopsis:

You might feel that you just don't have enough time to study and play to improve your skills, but that's not the case. You make your own schedule, so it's up to you to arrange it to include time for poker play and study on a daily basis.

Take Action:

Adjust your schedule to include a few play and study sessions every week. Early mornings, lunch breaks, weekends and at night after the kids go to bed are great times.

Also, figure out what you can cut out of your schedule (Netflix, TikTok, doom scrolling YouTube shorts, etc.) so you can free up time for poker.



Play to learn, not to earn at the
micro stakes.

-Sky

Day 2: Money is Tight

Click to
Play
Video
Online



Link:

<https://vimeo.com/516761165/91ff3f1b66>

Synopsis:

You might feel that you don't have a large enough poker bankroll to play in high enough stakes to make money. But the truth is, you *can* earn a decent side income at just 5nl or 10nl.

Take Action:

You might not take a \$5 buy-in seriously. So, set the stack values to be displayed as big blinds in your poker site's software. 100 big blinds might mean more to you than \$5.

Your goal in the micro stakes is to "play to learn, not to earn". Making great decisions naturally leads to a growing bankroll and the ability to move up in stakes to earn even more money.



A compromise is the art of
dividing a cake in such a way
that everyone believes he has
the biggest piece.

-Ludwig Erhard

Day 3: My Spouse Won't Let Me

Click to
Play
Video
Online



Link:

<https://vimeo.com/516726898/651eec5a25>

Synopsis:

Your loved one may feel like your poker is “unhealthy” for various reasons. There are things you can do to convince your loved one that it’s a positive pursuit and a great hobby for you to have.

Take Action:

Stay within bankroll rules, and keep a poker bankroll separate from your liferoll. 40x buy-ins for cash games, 100-200x buy-ins for tournaments.

Study and play when you have free time.

Get your honey-do list done before poker.

Occasionally withdraw some winnings and gift your loved one something nice.



The only way to learn
mathematics is to do
mathematics.

-Paul Halmos

Day 4: I'm Not a Math Person

Click to
Play
Video
Online



Link:

<https://vimeo.com/516730309/44e7129031>

Synopsis:

You might feel that you can't make money playing poker because you're not a "math person", you're just a "feel player". But let me tell you, you do not have to be a math person to make money in this game.

Take Action:

Put your opponent on a preflop range of hands every time (no math necessary).

Use Poker's Ultimate Question ("What are they doing this with?") to figure out what their actions say about the strength of their range/hand (again, no math necessary).

NOW for math: Try to learn one math concept at a time (SPR, outs/odds, break-even calling, etc.) and take notes. Drill the math over and over both on- and off-the-felt to build your skill with it.



Everything is possible. The impossible just takes longer.

-Dan Brown

Day 5: Is It Even Possible?

Click to
Play
Video
Online



Link:

<https://vimeo.com/516734631/1dd889e2aa>

Synopsis:

It may seem impossible to be an online poker winner. You've been playing for years without winning any money, just slowly losing your liferoll to poker. But, me and my students and thousands of others can attest that it *is* absolutely possible to make money at poker.

Take Action:

Act as if you're a winning player and make winning plays. You know limping and calling are generally bad, so is playing out of position. Do those things *less often* and instead, make more raises, 3bets, cbets and check-raises. And of course, make poker easier and **play in position as much as possible**.



“Would you tell me, please, which way I ought to go from here?”

“That depends a good deal on where you want to get to.”

“I don’t much care where.”

“Then it doesn’t matter which way you go.”

-Alice in Wonderland

Day 6: Profitable Game Formats?

Click to
Play
Video
Online



Link:

<https://vimeo.com/516738280/3a6d4f3322>

Synopsis:

You might feel that you've chosen the wrong game type or format. Is cash the best, tournaments, PLO? Well, it really doesn't matter. Any game can be profitable if you put the effort in, and loving the game you choose makes it more likely you'll work to build new skills, practice a lot and earn much.

Take Action:

Play the game and format you love the most.

NLHE is probably the best because of its popularity and all the strategy content out there.

Cash games are probably the best format to play, but if you love tourneys, play 'em.



Life is really simple, but we
insist in making it complicated.

-Confucius

Day 7: I'm Not Tech Savvy

Click to
Play
Video
Online



Link:

<https://vimeo.com/516740854/4c69b3b76f>

Synopsis:

You might feel that you can't make money playing poker because you're just not technologically savvy. It's a steep learning curve for any new software you try, and maybe you get frustrated as well. But let me tell you something, you don't have to be a tech savvy genius to make money playing this game.

Take Action:

There is only 1 necessary software: PokerTracker 4 ([click here to purchase and support the show](#), send me your receipt and I'll send you my Smart HUD in appreciation: sky@smartpokerstudy.com)

Take the time to learn PT4 ([click here for my YouTube Playlist of PT4 videos to learn from](#)).

Beyond this, Flopzilla Pro would be the 2nd best software to learn.



Procrastination is
opportunity's assassin.

-Victor Kiam

Day 8: Procrastination

Click to
Play
Video
Online



Link:

<https://vimeo.com/516743157/b1dc48d6d0>

Synopsis:

Sure, you're busy and you don't have time to study (addressed on Day 1), so you put study on the back-burner. Well, studying helps, but these simple in-game actions also help, and they don't require any study!

Take Action:

1. Play with tight ranges (I recommend the [KISS Cash Game Ranges](#)).
2. Be the preflop raiser, not the preflop caller as often as profitable.
3. Table & seat select.
4. Know why you are betting. All bets and raises are for value or as bluffs.
5. Ask/answer Poker's Ultimate Question with every action you face.



Drop the FOMO (fear of missing out) and embrace the JOMO (joy of missing out).

-Sky

Day 9: Poker Overwhelm

Click to
Play
Video
Online



Link:

<https://vimeo.com/516746701/1fc45749b1>

Synopsis:

You may be overwhelmed by all the crazy good poker information out there. You're inundated every day with shiny new poker objects. However, suffering from poker overwhelm is your choice.

Take Action:

Drop the FOMO (fear of missing out) and embrace the JOMO (joy of missing out).

Pursue a poker balance of "one until done with action". If something comes your way but it's not related to what you're currently working on, save it for later with a page in your poker journal dedicated to future items to study.



Everything you want is on the
other side of fear.

-Jack Canfield

Day 10: Fear of Competition

Click to
Play
Video
Online



Link:

<https://vimeo.com/516749312/7bd18c6018>

Synopsis:

You might feel that you can't compete with all those kids out there living in their parent's basements with 60+ hours a week to devote to poker. What other people do doesn't matter one bit. What matters is that you are getting better at poker and that you target the weak.

Take Action:

Table/seat select to find weak players.

Choose days/times to play when the fish are online.

Use a HUD to exploit the fish ([my Smart HUD for PokerTracker 4 is the perfect tool](#)).

Avoid marginal situations against great players.



Whether you believe you can
or you can't... you're right.

-Henry Ford

Day 11: Easy for You to Say

Click to
Play
Video
Online



Link:

<https://vimeo.com/516752409/cec22c47e7>

Synopsis:

When I say, "It IS profitable to make money in online poker", you might think to yourself, "That's easy for you to say. Your whole business revolves around poker so you're going to naturally improve and make a profit. I can't because I have a life outside of poker and only 4 hours/week to devote to this game." Well, if that's what you believe, you are 100% correct.

Take Action:

Choose to believe that you have what it takes to make poker profitable. Your beliefs drive your results. If you only have 4 hours/week to devote to poker, do all you can to make the best out of those 4 hours... and try to find more time! (remember Day 1: Time Management)



Age is an issue of mind over matter. If you don't mind, it doesn't matter.

-Mark Twain

Day 12: I'm Too Old

Click to
Play
Video
Online



Link:

<https://vimeo.com/516754841/b622629156>

Synopsis:

You might feel that you can't make money playing poker because you're just too old and "you can't teach an old dog new tricks". But there are plenty of examples of old people killing it in poker. Ever heard of Doyle Brunson?

Take Action:

Get fit with exercise both for your body and your mind.

Choose to have a growth mindset and believe that you can learn what you need to learn no matter your age or circumstances.

Set goals: What strategy will you study this week? How many hands or sessions will you play?

Thanks!

Any questions?

You can find me at:

- ▶ @smartpokerstudy
- ▶ sky@smartpokerstudy.com

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<https://gum.co/EJASn>

Thank you for the support!

