

# TRANSFORMATIONAL LEADERSHIP COACHING

## FROM WORK DISTRESS TO CAREER SUCCESS



- Tired of having the same work issues?
- Want to be seen and acknowledged for who you are at work?
- Wish you could set clear, confident boundaries with others?



# About Me

I help frustrated professionals overcome workplace and career distress, recover from the effects of toxic work environments and integrate their personal and career selves.

## **CREDENTIALS/DESIGNATIONS**

- PhD., CTD, CES
- Certified Emotional Success Coach, 2022
- Conscious EFT™ Practitioner Certification



# Coaching Model

Name	Clear	Reset
The negative to release it	The emotion to decouple negative emotion from the story	State and reinforce positive images of where you want to be

## Focus areas

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- Career Distress
- Career Development
- Workplace Communication
- Conflict Management
- Emotional Regulation
- Stress Management

## Client benefits

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- FEEL enthusiastic, hopeful
- BE confident, calm and focused
- EXPERIENCE new work/life opportunities
- ACCESS new found capacity and skills



# Client love!

Here's what some clients have to say about Marie Gervais' Transformational Leadership Coaching...



**RAJIV KAUSHAL**  
**Capital Markets Transformation**

Working with Marie has been an invaluable experience, one that has had a positive impact on both my career and personal life.



**YASMIN BARRE**  
**Microbiologist**

Marie helped me recover from the effects of a toxic work environment. Thanks to her coaching, I was recently offered a position two-levels above my previous role.



**ANGELA LITEBELE**  
**IT Specialist**

I have a new job! Thank you for all the work you did with me. I know if I didn't work with you I would never have gotten this far.



## **Book your coaching strategy call today!**

<https://calendly.com/marieshiftworkplace/30-minute-coaching-strategy-call>



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