

# TRAIN THE TRAINER: FACILITATING WITH INTENT

If you're stuck herding groups from one activity to the next, this course is your way out.





## ABOUT OUTDOORS NSW & ACT

Our organisation exists to lead a thriving sustainable outdoor industry.

Outdoors NSW & ACT is the peak body supporting the Outdoor Recreation, Education, Adventure Tourism and Outdoor Events and Therapy sectors that connect the community to nature for their health, development, skill-building, and wellbeing. We provide our industry with a larger voice, opportunities, and leadership. Members receive business and activity support, marketing, and opportunities that build their capacity to remain a sustainable entity.

## ABOUT FACILITATING WITH INTENT

Facilitating with Intent is a 2-day immersive professional development course designed for outdoor educators, facilitators, and team leaders who want to deepen their impact, build connection, and lead with clarity and purpose.

This program combines evidence-based facilitation frameworks with reflection, peer learning, and practice opportunities. This helps participants build confidence and expand their toolkit



## **FACILITATING WITH INTENT**

#### Why This Course Exists

What is common amongst great outdoor educators? They're always learning.

They're always asking: "What can I do better for myself and for my group?"

This course was born from hundreds of conversations across camps, expeditions, team-building events, and post-program debriefs. We keep hearing:

- "I wish I had more tools to engage groups deeply not just manage them."
- "Sometimes I feel like I'm just running activities. I want to do more."
- "I know I can be better, but I don't know where to start."

This course responds to this need. A space to practise, reflect, and connect.

Because content matters, but **connection makes it meaningful**.

#### What You'll Learn

We'll explore the mindsets and techniques that bring facilitation to life:

- Experiential Learning Cycle
- Connection Before Content
- The Unofficial Start
- Challenge by Choice
- Comfort Zones & Growth
- Debriefing Techniques
- Participant Mindsets
- Learning Preferences (not learning styles)
- Leading with Empathy



## **FACILITATING WITH INTENT**

#### **How This Course Works**

#### **Before the Course:**

Come prepared with:

- A team-building activity or energiser (max 15 minutes)
- A debrief technique beyond the 'go around' method (max 15 minutes)

#### During the Course (2 Days | 8 Hours Each Day including breaks):

- Explore key concepts together
- Participate in peer-led and facilitator-led activities
- Practice debriefing and receive supportive feedback
- Reflect as a group and build shared insight

#### After the Course:

- Be part of a network with your course cohort and support each other as you try, reflect and grow
- Apply your learning to your future work
- Read or try something new and share your learning with your cohort.

You don't have to have it all figured out, just bring curiosity, commitment, and an open mind.

### **Details**

Location: Tallong Outdoor Education
Centre, Southern Highlands

• Dates: 10 & 11 September 2025

 Capacity: Max 20 people, to allow for depth and participation 8

\$320 per person

\*Members or

\$430 per person

for non-members

\*Members need to be financial at time of booking

## **FACILITATING WITH INTENT**

#### What You'll Walk Away With

This isn't just about gaining tools — it's about growing your presence, your perspective, and your ability to create meaningful experiences for others.

By the end of this course, you'll leave with:

- A more intentional and versatile facilitation toolkit
- A clearer understanding of your own facilitation voice and style
- Real practice, real feedback, and real conversations that stretch and support you
- Actionable ways to build trust, reflection, and relevance into your programs
- A peer community of facilitators who care about growth just like you

#### What's Included & What's Not

#### Included:

- The training, discussions and knowledge gained over the 2 days
- On-site accommodation Twin sharing/Dorm rooms

#### **BONUS:**

 A free one-year subscription to Playmeo (valued at \$108), a platform with 530+ icebreakers, energisers, and team-building activities trusted by facilitators and educators worldwide

#### Not Included:

- All Meals for the two days (but you will have access to a kitchen)
- Props needed for your individual activities
- Transportation to and from the location



#### **About Your Facilitator**

Tintin has spent the last decade facilitating learning in outdoor education, leadership, and coaching spaces. He has worked with students, teams, and educators across countries and contexts. Currently, he is the Training and Development Coordinator at Outdoors NSW & ACT, where he facilitates professional development programs to strengthen the sector.



His journey began with a Diploma in Experiential Education and Practices and has since evolved through diverse leadership roles, including staffing and program management. Along the way, he completed an Advanced Diploma in Personal Leadership and Executive Coaching, deepening his ability to support others through reflective, purpose-driven dialogue.

Whether he is training facilitators, leading professional development sessions, or coaching one-on-one, he approaches every interaction with clarity, intentionality, and human-centred awareness.

"You already have so much to offer. This course is your space to discover how to use it with clarity, confidence, and intent ...We'll learn... We'll mess it up... We'll reflect... We'll get better... Together." Tintin B.



CONTACT OUTDOORS NSW & ACT LIMITED www.outdoorsnswact.org







