



Goal
Setting
Workbook

What Does Success Look Like To You? **Do you have a set of characteristics that** **you think mean success?**

Personal

Business



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Where are you starting from in terms of numbers

How Old Is Your Business?

How Long did you think about creating your business

How many Clients do you have – its ok if you don't have any yet,

How many people are on your mailing list if you have one?

If you have a Facebook group, how many people are in it?



Where do you want to be in 3 years? What are your goals?

Personal

Business



List Your Top 10 Personal Goals

What is your goal for year 1 ?

Personal

Business



What is your goal for year 2?

Personal

Business



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What is your goal for year 3?

Personal

Business



**What are the things you can do
today to make a start on reaching
your goals ?**

**Don't wait for it all to be
perfect, it doesn't matter
where you start, as long as
you start!**

**Let's Smash
Those Goals!**

