MINERALS AND HEALTH.COM
HTMA AND MINERAL-BASED HEALTH LEADERSHIP

Rick Fischer's

SIGNATURE WHITE GLOVE

4-MONTH HEALTH TESTING & COACHING PROGRAM

MINERAL MASTERY
ADVANCING NUTRITION EDUCATION
A NEW PARADIGM IN NUTRITION AND HEALTH SCIENCE

PERSONALIZED · HOLISTIC · SCIENCE-LED · INDUSTRY LEADING

Clarity. Confidence. A Personalized Health Path Forward.

Deeply personalized health guidance that translates advanced testing into a clear and practical path forward, one that provides answers to your health concerns and empowers your wellness for the long-term.



You'll be working one-on-one with the industry leader of mineral-based health and HTMA education.

- Experienced clinical practitioner having helped over 4000 clients
- Personal mentor behind hundreds of today's HTMA practitioners
- Founder and Instructor of the Mineral Mastery Program and Academy
- Leading global authority on copper toxicity
- First to Combine HTMA with dnaPower genetic health testing

Connecting the dots to health so you finally have real answers.

THE SIGNATURE EXPERIENCE

Scientific insight. Real lab data. Personal attention that goes above and beyond.

Most conventional lab tests miss the imbalances that hold the keys to understanding your health, while you're lucky to get a 10 minute discussion with your doctor. This program is the complete opposite.

Through the combination of 3 powerful lab tests and working with a practitioner whose entire career has been built on helping clients (and instructing practitioners) to connect the dots, here you'll get the answers you seek and the attention you deserve.

5 HOURS WRITING YOUR REPORT

4 MONTHS OF COACHING SUPPORT

3 LAB TESTING PERSPECTIVES

260 MINUTES OF ADDITIONAL CONSULTATION

RICK@MINERALSANDHEALTH.COM

YOU DESERVE

A more complete health picture.

Answers that have been kept hidden from you within a conventional health system that rarely looks at genetics or cellular imbalances of minerals and metals are about to revealed...



Answers and solutions to:

Anxiety Chronic Fatigue Diabetes Hypertension Hypothyroid Insomnia Menopause Metal Toxicities PMS ...

01

TEST

Advanced Lab Testing

- Initial HTMA (Hair Tissue Mineral Analysis) lab test to view your minerals & metals
- Repeat HTMA testing in month four
- DNA lab testing for general health and detox
- Microbiome testing (advanced shotgun metagenomic sequencing for gut health)

02

INTERPRET

Personalized Clarity

- Comprehensive personalized HTMA-based wellness report offering clear explanation of your results and step-by-step guidance forward
- 5 DNA lab reports explaining your health in various key areas
- Personal Wellness Score for whole-life rebalancing

03

SUPPORT

White-Glove Guidance

- 200 minutes of private Zoom consultations
- 60 additional minutes of email support
- Lifetime access to the Mineral Mastery health-empowerment course
- If needed, free access to the world's largest library of copper toxicity support
- 20% lifetime discount on future HTMA lab tests

Client Experiences

"I encourage all of you to reach out to Rick Fischer for guidance. It saved my quality of life and for that, I am eternally grateful." ~Joanie

"The amount of information is just outstanding. Your report basically solved all of the health mysteries I had for life and your work is like a glaring light at the end of the long tunnel of no answers. Gods work truly. Thank you!" ~Mana

"The guidance provided is exceptional. It explains scientifically why I have the health issues and how I can control the real cause" ~Gabriela

"Worth every dollar invested. I have told many people of your services and I am so grateful for you and the work that you have done for me!" ~Madison

"The single most valuable health decision I have ever made, and one that benefits my whole being: physical, mental and spiritual." Roanna

"I finally have validation and understanding around what is happening inside my body. That is something no other practitioner has been able to offer". ~Ben

THE INVESTMENT IN YOUR HEALTH

$2,495

2-PAYMENT OPTION OF $1295 ALSO AVAILABLE

FOUR-MONTH SIGNATURE WHITE-GLOVE PROGRAM

Begin with finding clarity and answers for your questions today.

Move forward empowered for health in the years ahead.

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