



## **Soul Care Series**

### **A Vision for Women, Pastors, and the Church**

*Restoring Women. Supporting Pastors. Strengthening Churches.*

### **Presented by Togetherness Project**

#### **with Melody Lovvorn**

Founder, Executive Director, Togetherness Project

Author of *Grit & Grace: Restoring the Feminine Soul*, *Soul Care Woman: The Sacred Work of Becoming* and *The Sacred Middle: Meeting God in Life's In-Between Places*

### **The Vision**

For nearly two decades, I have walked alongside women through crisis, grief, betrayal, relational pain, trauma, motherhood, spiritual confusion, and the long journey of healing. Again and again, I have watched women quietly carry burdens while longing for one simple thing:

To feel seen.

Seen by God.

Seen by themselves.

Seen by their families.

Seen by the Church.

Out of this work emerged the vision for a Soul Care Series devoted to helping women reconnect with identity, healing, wholeness, purpose, and the tenderness of Christ.

What began as one book has now become a much larger vision: a five-year pathway of soul care resources for women, pastors, lay leaders, churches, and ministry communities who long to strengthen the body of Christ through tenderness, truth, wisdom, and presence.

At its heart, this work is not simply about writing books. This work is about cultivating a culture of soul care within the Church, where healing, belonging, and spiritual formation can flourish.

A culture where women are seen and shepherded with tenderness.

A culture where pastors are supported with language, wisdom, collaboration, and sustainable care. A culture where burdens are noticed, limits are honored, and no one is asked to carry what belongs to Christ alone.

A culture where women are restored, pastors are strengthened, and the whole Church becomes healthier.

## **Twelve Invitations:**

### ***A Theology of Care for Women and for the Pastors Who Shepherd Them***

Over the next four years, this twelve-book series explores twelve invitations into a culture of care where women are seen, pastors are supported, and churches are strengthened. These books are not primarily about fixing problems. They are about cultivating a culture where people flourish under the care of Christ and within the life of His Church.

This series is written as a collaborative invitation, not a critique.

It honors the deep burdens many women carry and the real weight pastors carry as they shepherd the people entrusted to them.

The goal is not to ask pastors to do more. The goal is to offer language, wisdom, stories, frameworks, and soul care resources that help pastors shepherd with tenderness, clarity, collaboration, and sustainable care.

At its heart, this series is a theology of care.

It asks what it means for the Church to see women not first as volunteers, workers, wives, mothers, leaders, or ministry solutions, but as beloved daughters whose souls matter deeply to God.

It also asks what it means for pastors to lead from the tenderness of Christ without carrying what belongs to Christ alone.

Together, the twelve books invite pastors, churches, and ministry communities to listen beneath the surface of women's lives, notice the hidden burdens many women carry, and cultivate church cultures where women are spiritually fed, personally shepherded, emotionally safe, meaningfully included, and wisely supported.

But the series also honors the pastor.

It recognizes that pastors carry sermons, people, crises, expectations, conflict, decisions, family pressures, leadership burdens, and the quiet weight of souls.

Pastors are not endless resources.

They are human beings with families, souls, limits, burdens, and a need for care too.

This series invites pastors into a way of shepherding that helps weary women feel seen without leaving pastors depleted. It offers language, practices, stories, research, and pastoral collaboration to help churches become places where care is shared, burdens are noticed, limits are honored, and both women and pastors are strengthened in the grace of Christ.

## **Why This Matters Now**

Women are carrying deep levels of exhaustion, anxiety, loneliness, relational pain, trauma, motherhood pressure, grief, spiritual confusion, and disconnection from themselves and from God.

At the same time, many pastors sincerely want to shepherd women well and would benefit from more language, frameworks, and support for navigating the complexity women carry today.

This series seeks to build a compassionate bridge.

Not through criticism.

Not through division.

Not through placing more responsibility on already-weary pastors.

But through tenderness, wisdom, truth, pastoral collaboration, and the presence of Christ.

Many women are not walking away from God.

They are tired.

And beneath that tiredness, there is often deep love, deep faithfulness, deep longing, and a deep desire to encounter Jesus.

This series helps pastors see beneath the surface and shepherd with tenderness, while also reminding them that they do not have to fix every story, carry every burden, or become the Savior.

Christ is the Shepherd.

Pastors are invited to reflect His care.

### **The Foundation for Women**

#### **2026 — Building the Foundation for Women**

Before the pastoral series begins, Togetherness Project is building a foundation of soul care resources directly for women.

These first three books create a pathway of restoration, integration, and healing presence.

### **Grit & Grace: Restoring the Feminine Soul**

Released April 2026

Available through Amazon, Barnes & Noble, and Walmart

*Grit & Grace* is the first book in the Soul Care Series. It helps women reconnect with identity, healing, wholeness, and the tenderness of Christ. Woven with portions of my own story and shaped by nearly two decades of walking with women, this book creates space for God to restore tenderness, strength, and belovedness from the inside out.

It invites women to return to who they were before disappointment, devastation, and false narratives tried to name them.

### **Soul Care Woman: The Sacred Work of Becoming**

Manuscript complete

Expected release August 2026

*Soul Care Woman* continues the restoration journey by helping women embody what God is healing within them. It moves from awareness and acknowledgment to integration, guiding women to live from

restored identity with courage, boundaries, truth, and tenderness in everyday life.

### **The Soul Care Midwife: A Theology of Care and Presence for the Feminine Soul**

Manuscript in process

Expected release December 2026

*The Soul Care Midwife* equips women, leaders, lay people, and helpers to offer soul care to others through sacred presence, mentoring, safety, ministry, and the wisdom of not rushing or fixing another woman's story.

Together, these three books form the foundation of the broader vision.

*Grit & Grace* invites women to remember who they are.

*Soul Care Woman* invites women to live from what God is restoring.

*The Soul Care Midwife* equips women and leaders to become a tender, wise, healing presence for others.

This foundation prepares the way for the next phase of the vision: coming alongside pastors and church leaders with language, wisdom, and soul care resources that help them shepherd women with tenderness, clarity, and sustainable care.

### **2027–2030 — Twelve Invitations for Women, Pastors, and the Church**

Beginning in 2027, *Twelve Invitations* explores twelve invitations into a culture of care where women are seen, pastors are supported, and churches are strengthened.

This series is written to invite pastors into a shared theology of care: listening beneath the surface of what women often carry quietly while also honoring the real weight pastors carry as they shepherd with tenderness, wisdom, and sustainable care.

The heart behind the series is simple:

When women are shepherded with tenderness, wisdom, truth, and intentional care, the whole Church becomes healthier.

And when pastors are supported with language, collaboration, and sustainable resources, they are strengthened for the long work of shepherding.

This vision is not only about women being seen.

It is also about pastors being supported. It is about cultivating a church culture where care is shared, burdens are noticed, limits are honored, truth and tenderness belong together, and the body of Christ is strengthened.

### **Twelve Volume-Aligned Pastoral Collaborators**

A distinctive part of this vision is the desire to pair each volume in the pastoral series with a trusted pastor, ministry leader, theological educator, or care advisor whose life and ministry experience aligns with that book's theme.

Each book will remain written in Melody Lovvorn's soul care voice, but the pastoral collaboration model

will help ensure that every volume is biblically grounded, pastorally realistic, and received by pastors as an invitation rather than an accusation.

The vision is to build a circle of twelve volume-aligned collaborators over the life of the series — one primary collaborator for each book, with select additional voices where needed.

These collaborators may include senior pastors, retired pastors, seminary professors, women's ministry scholars, pastoral counselors, national spiritual formation leaders, and ministry voices who understand the real weight pastors carry.

This model strengthens the series in two ways.

First, it helps pastors trust the work because it is being shaped in conversation with experienced shepherds.

Second, it protects pastors from feeling alone in the invitation, reminding them that this is not a call to carry more, but a call to shepherd differently — with shared wisdom, sustainable care, and the tenderness of Christ.

The goal is not simply to publish twelve books.

The goal is to build a trusted pastoral soul care library shaped by women's lived experience and strengthened by the wisdom of pastors and ministry leaders who love the Church.

## **Series at a Glance**

### **Book 1 — Twelve Invitations**

*A Theology of Care for Women and for the Pastors Who Shepherd Them*

This anchor book frames the heart of the entire series: a shared theology of care where women are seen, pastors are strengthened, and the Church is invited to shepherd with the tenderness, wisdom, and presence of Christ.

It invites pastors into curiosity, compassion, and Christlike care without asking them to carry what belongs to the Good Shepherd alone.

### **Book 2 — She Longs to Be Shepherded**

*The Quiet Power of Personal Pastoral Care*

This book helps pastors recover the quiet power of personal shepherding so women are not only taught from the pulpit, but also seen, known, prayed for, and cared for.

### **Book 3 — She Longs for More**

*Feeding the Theological Hunger of Women in the Church*

This book helps pastors nourish the deep theological hunger of women who long for Scripture, doctrine, and spiritual formation that strengthens them as thoughtful disciples of Jesus.

**Book 4 — She Longs to Belong**

*From Sunday Smiles to Soul-Level Sisterhood*

This book helps churches move women beyond surface connection into true Christ-centered belonging where they can be known, received, and rooted.

**Book 5 — She Longs to Be Safe**

*Shepherding Women Through Marital Pain with Wisdom, Safety, and Grace*

This book helps pastors care wisely for women walking through painful or destructive marriages and family systems with biblical truth, emotional safety, and careful discernment.

**Book 6 — She Longs for Presence When Her Story Shatters**

*Holding Scripture, Trauma, and Crisis with the Tenderness of Christ*

This book offers a trauma-aware, biblically faithful framework for walking with women in crisis without rushing, silencing, or spiritually bypassing their pain.

**Book 7 — She Longs to Be Included**

*Rethinking Church Belonging for Single, Divorced, and Widowed Women*

This book helps churches create pathways of belonging for single, divorced, widowed, and childless women who often feel unseen at the margins of church life.

**Book 8 — She Longs for Support**

*How the Church Can Become a Sanctuary for Mothers in Every Season*

This book helps churches become sanctuaries of practical, emotional, and spiritual support for mothers carrying exhaustion, joy, grief, fear, and hope in every season.

**Book 9 — She Longs to Offer Her Gifts**

*Recognizing, Developing, and Blessing the Ministry of Women*

This book helps pastors recognize, develop, and bless the God-given gifts of women so their presence and calling strengthen the whole church.

**Book 10 — She Longs for a Healthy Church**

*Healing the Hidden Patterns That Wound Women and Weaken Churches*

This book helps pastors name and heal hidden relational patterns that wound women, weaken trust, and keep the body of Christ from becoming whole.

**Book 11 — The Pastor Longs to Be Strengthened**

*Creating a Church Culture That Cares for Shepherds and Their Families*

Healthy churches are strengthened by healthy shepherds. This book helps churches care for pastors and their families with compassion, honesty, healthy expectations, and sustainable rhythms. It reminds the

Church that pastors are not disembodied leaders or endless resources. They are human beings with families, souls, limits, burdens, and a need for care too.

This volume helps strengthen shepherds as they shepherd others.

### **Book 12 — She Longs for the Church to Flourish**

*How Shepherding Her Soul Helps the Whole Church Flourish*

This final book shows how shepherding women well strengthens the health, maturity, tenderness, and flourishing of the whole church.

This final volume helps pastors see that shepherding women well is not a side issue. It strengthens the entire body of Christ, cultivating a church that is more compassionate, discerning, relationally whole, spiritually mature, and tenderly reflective of Jesus.

Together, the twelve pastoral books form a soul care pathway:

Seeing her weariness.

Shepherding her personally.

Feeding her spiritually.

Rooting her in belonging.

Protecting her in pain.

Holding her in crisis.

Including her in every season.

Supporting her in motherhood.

Blessing her gifts.

Healing the church culture.

Strengthening pastors.

Flourishing together.

### **Pastoral Collaboration Model**

Each volume in the pastoral series will be written by Melody Lovvorn with pastoral collaboration from a trusted pastor, ministry leader, theological educator, or care expert whose experience aligns with the theme of that book.

This collaboration model is essential to the heart of the project.

It ensures that the series remains biblically grounded, pastorally realistic, theologically thoughtful, and received by pastors as an invitation rather than an accusation.

The purpose of pastoral collaboration is not to dilute the feminine soul care voice of the series, but to strengthen the bridge between women's lived experience and the pastor's shepherding responsibility.

Possible collaborators may include senior pastors, retired pastors, theological educators, ministry professors, women's ministry scholars, counselor-advisors, and national voices in spiritual formation and emotionally healthy discipleship.

Some volumes may include one primary pastoral collaborator. Other volumes, especially *The Pastor Longs to Be Strengthened*, may include multiple pastoral reflections or testimonials from pastors and ministry leaders who can speak honestly about what pastors carry and what helps them remain strengthened in the work. This collaboration allows the series to become both deeply tender and deeply trusted.

## **Publishing Timeline**

### **2026**

Three foundational Soul Care Series books for women completed and released.

April 2026 — *Grit & Grace: Restoring the Feminine Soul*

August 2026 — *Soul Care Woman: The Sacred Work of Becoming*

December 2026 — *The Soul Care Midwife: A Theology of Care and Presence for the Feminine Soul*

### **2027**

Three books in the Soul Care Series for Pastors.

April 2027 — Book 1

July 2027 — Book 2

October 2027 — Book 3

### **2028**

Three books in the Soul Care Series for Pastors.

April 2028 — Book 4

July 2028 — Book 5

October 2028 — Book 6

### **2029**

Three books in the Soul Care Series for Pastors.

April 2029 — Book 7

July 2029 — Book 8

October 2029 — Book 9

### **2030**

Three books in the Soul Care Series for Pastors.

April 2030 — Book 10

July 2030 — Book 11

October 2030 — Book 12

## **Total Vision**

Fifteen books over five years: three foundational books for women and twelve pastoral soul care invitations for pastors and church leaders.

## **A Personal Word from Melody**

This work is deeply personal to me.

For many years, I was married to a minister whose hidden pornography addiction and sexual betrayal brought deep rupture, grief, confusion, and loss into my life, my family and community.

That season did not simply break my heart. It took me into the deeper places of Psalm 23, where the Lord became more than a truth I taught, believed, or quoted.

He became my personal Shepherd.

In His kindness, He met me in the valley.

He made me lie down when I did not know how to rest.

He led me beside still waters when my inner world felt anything but still.

He restored my soul slowly, tenderly, and faithfully.

Through that long journey, I began to learn that rest is not a reward for women who have healed enough, performed enough, forgiven enough, or finally become strong enough.

Rest is often the soil where healing begins.

It is the place where a weary woman can stop striving, stop hiding, stop managing everyone else's pain, and begin to receive the care of the Shepherd who sees her, knows her, and stays.

Out of that sacred ground, the Soul Care Series was born.

These books are not written from theory alone. They are written from Scripture, lived experience, trauma-aware ministry, theological reflection, and nearly two decades of walking with women through loss, grief, betrayal, addiction, family crisis, spiritual confusion, and the long road of restoration.

My desire is to create resources that help women come home to God, come home to themselves, and receive the tender shepherding of Christ in the places where life has left them weary, unseen, or fractured.

This work is written from hope.

Hope that the Church can become one of the safest and most healing places on earth.

Hope that women can be restored rather than quietly carrying pain alone.

Hope that pastors can be supported with language, wisdom, and resources that help them shepherd with tenderness without becoming depleted.

Hope that the body of Christ can become more whole as women are seen, strengthened, and cared for with the love of Jesus.

That is why I am asking for partnership.

A gift toward this series helps place biblically faithful, trauma-aware, deeply compassionate soul care resources into the hands of women, pastors, churches, recovery ministries, families, and communities who need language for healing and a pathway toward restoration.

It is a way to help create resources that can outlive one room, one group, one season, and one story. It is a way to participate in the sacred work of helping women encounter the Shepherd who restores their souls.

### **The Sponsorship Invitation**

Togetherness Project is inviting women, families, churches, and mission-minded supporters to participate in this five-year vision through charitable sponsorship and giving.

This is an opportunity to help build resources that strengthen women, pastors, churches, and the body of Christ.

Each book requires approximately \$25,000 to move from concept to completed resource, including research, writing, theological development, trauma-aware ministry application, pastor interviews, pastoral collaboration, theological and ministry review, editing, design, publishing setup, marketing, launch support, and companion study materials.

### **Estimated Cost Per Book**

\$10,000 — Research, writing, pastor interviews, ministry development, pastoral collaboration honorariums, and content creation

\$5,000 — Editing, interior layout, formatting, cover design, and publishing preparation

\$4,000 — Marketing, launch preparation, and audience development

\$4,000 — Companion study materials and group resources

\$2,000 — Publishing setup, distribution, administration, and infrastructure

The total estimated sponsorship for each book is \$25,000.

A donor may choose to sponsor one book, contribute toward a portion of a book, or help fund the broader Soul Care Series vision.

### **Sponsor Recognition**

As a thank-you, each individual, family, church, or organization who sponsors a full book in the Soul Care Series will be gratefully recognized in the acknowledgments section of that book, unless they prefer to remain anonymous.

In addition, as a thank-you for prayerfully considering and supporting the Soul Care Series, supporters will receive a gifted copy of **The Sacred Middle: Meeting God in Life's In-Between Places**. My hope is that it offers a small taste of the heart behind this work— gentle, biblical soul care for the in-between places we all walk through.

Sponsoring one book means helping create a biblically faithful, trauma-aware, deeply compassionate resource that can serve women, pastors, churches, and communities far beyond one room, one church, or one season.

One sponsored book can become:

a guide for women learning to tell the truth about what they carry

a resource for pastors learning to shepherd with greater tenderness and wisdom

a study for women's ministries and small groups

a tool for recovery centers and care communities

a resource for pastoral teams, church staff, and ministry leaders

a bridge between women's lived pain and the Church's pastoral care

This is not simply an investment in publishing.

It is an investment in women who are weary and longing for restoration.

It is an investment in pastors who want to shepherd with wisdom and would benefit from language, support, and resources.

It is an investment in helping pastors remain strengthened for the long work of ministry by giving them tools to shepherd with tenderness, clarity, collaboration, and sustainable care.

And it is an investment in churches becoming emotionally safer, spiritually deeper, more relationally whole, and more tenderly reflective of Christ.

### **Early Fruit from the Work**

This work is already beginning to bear fruit.

*Grit & Grace: Restoring the Feminine Soul*, the first book in the *Soul Care Series for Women*, is already being used with women in multiple settings. I have walked a group of women in their twenties through the material, recently completed an eight-week program with women in recovery from addiction and incarceration at the Lovelady Center, and have another Lovelady group beginning in August. This summer, a group will also begin at The Foundry, along with two additional women's groups.

In these settings, I am seeing the same beautiful evidence of what happens when women are given language, safety, Scripture, and space to tell the truth about what they have carried.

Conversations deepen.

Walls soften.

Women begin to feel seen.

Connection begins to form.

Healing becomes less theoretical and more embodied.

This is why I believe these books are not simply meant to sit on shelves.

They are meant to become rooms where women can gather, exhale, remember who they are, and encounter the tenderness of Christ together.

And through the pastoral series, my hope is that these resources will also become bridges into church leadership, pastoral care, ministry training, and the formation of healthier church cultures.

### **Building on the Foundation**

As I begin theological studies at Beeson Divinity School in August 2026, I believe this season will further deepen the spiritual formation, theological grounding, pastoral wisdom, and long-term impact shaping this work.

I also believe these resources have the potential to serve not only women and churches, but seminaries as well, including the seminary community I will be part of and other seminaries preparing future pastors and ministry leaders.

My desire is not simply to write books.

My desire is to create resources that are biblically faithful, emotionally honest, spiritually grounded, trauma-aware, pastorally realistic, and deeply compassionate for real women and real churches.

I believe women are longing for spaces where they can be seen, nourished, strengthened, and shepherded with the tenderness of Christ.

I believe pastors are longing for language, wisdom, and support that helps them care well without becoming depleted.

And I believe the Church can become one of the safest and most healing places on earth when pastors, leaders, and lay people are equipped to care for women with wisdom, truth, humility, tenderness, and presence.

### **An Invitation to Partner**

If this vision resonates with you, I would be honored to meet personally, share more about the heart behind these projects, and explore what partnership could look like.

Thank you for considering partnering with Togetherness Project in this five-year vision to restore women, support pastors, strengthen churches, and cultivate a culture of soul care in the body of Christ.

With gratitude,

Melody Lovvorn,  
Togetherness Project  
[togethernessproject.com](http://togethernessproject.com)  
205-910-8973

The Togetherness Project is a registered 501(c)(3) nonprofit organization. Financial gifts supporting the development of the Soul Care Series are tax-deductible to the fullest extent permitted by law. Thank you for partnering with us to bring hope, healing, and restoration to women, families, and the Church.