



Soul Care Series Vision Proposal

Restoring Women. Strengthening the Church. Cultivating a Culture of Care.

Presented by Togetherness Project with Melody Lovvorn

Founder, Executive Director, Togetherness Project
Author of *Grit & Grace: Restoring the Feminine Soul*

A Personal Word from Melody

This work is deeply personal to me. For many years, I was married to a minister whose hidden addiction to pornography and sexual unfaithfulness brought deep rupture, grief, confusion, and loss into my life and family. That season did not simply break my heart; it took me into the deeper places of Psalm 23, where the Lord became more than a truth I taught or believed. He became my personal Shepherd.

In His kindness, He met me in the valley. He made me lie down when I did not know how to rest. He led me beside still waters when my inner world felt anything but still. He restored my soul slowly, tenderly, and faithfully. I began to learn that rest is not a reward for women who have healed enough, performed enough, or finally become strong enough. Rest is the soil where healing begins. It is the place where a weary woman can stop striving, stop hiding, stop managing everyone else's pain, and begin to receive the care of the Shepherd who sees her, knows her, and stays.

Out of that sacred ground, the Soul Care Series was born. These books are not written from theory alone. They are written from Scripture, lived experience, trauma-aware ministry, and almost two decades of walking with women through betrayal, grief, loss, addiction, family crisis, and the long road of restoration.

My desire is to create resources that help women come home to God, come home to themselves, and receive the tender shepherding of Christ in the places where life has left them weary, unseen, or fractured.

That is why I am asking for partnership. A gift toward this series helps place biblically faithful, trauma-aware, deeply compassionate soul care resources into the hands of women, pastors, churches, recovery ministries, and families who need language for healing and a path toward restoration.

The Vision

For nearly two decades, I have walked alongside women through crisis, grief, betrayal, relational pain, motherhood, spiritual confusion, trauma, and restoration. Again and again, I have watched women

quietly carry burdens while longing for one simple thing:

To feel seen.

Seen by God.

Seen by themselves.

Seen by their families.

Seen by the Church.

Out of this work emerged the vision for the Soul Care Series — a collection of biblically faithful, trauma-aware resources devoted to helping women reconnect with identity, healing, wholeness, purpose, and the tenderness of Christ.

What began as one book has now become a much larger vision, to include pastors and laypeople with a heart for strengthening the body of Christ.

2026 - Building the Foundation for Women

Grit & Grace: Restoring the Feminine Soul

Released April 2026, Amazon, Barnes & Noble, Walmart

The first book in the Soul Care Series, devoted to helping women reconnect with identity, healing, wholeness, and the tenderness of Christ. To return to who they were before disappointment, devastation, and false narratives tried to name them. Woven with portions of my own story and shaped by walking with women, this first book creates space for God to restore tenderness, strength, and belovedness from the inside out.

Soul Care Woman: The Sacred Work of Becoming

Manuscript Complete, Editing & Process Underway, Expected Release August 2026

This book continues that restoration journey by helping women embody what God is healing within each of them. It moves from awareness and acknowledgment to integration, guiding women to live from restored identity with courage, boundaries, truth, and tenderness needed in everyday life.

The Soul Care Midwife: A Theology of Care & Presence for the Feminine Soul

Manuscript in Process, Expected Release December 2026

This third book equips women, leaders, laypeople and helpers to offer soul care to others through sacred presence, mentoring, safety, ministry, and the wisdom of not rushing or fixing another woman's story.

Together, these three books are designed to form a pathway of restoration, integration, and healing presence — helping women remember who they are, become who God is restoring them to be, and offer a healing presence to others. These three books create a foundation for women to have a larger purpose — a sacred becoming.

Grit & Grace invites women to remember who they are (restoration).

Soul Care Woman invites women to live from and within what has been restored (integration).

The Soul Care Midwife equips women and leaders to become a tender, wise, healing presence for others (multiplication).

2027 - 2030 Building the Foundation for Pastors

Beginning in 2027, I plan to release three books per year, over four years, within the pastoral series. This series is written to help pastors understand what women often carry quietly — weariness, loneliness, spiritual hunger, relational pain, motherhood, belonging, safety, leadership, and the desire to be personally shepherded with the tenderness and character of Christ. The heart behind the series is this:

When women are shepherded with tenderness, wisdom, truth, and intentional care, the whole church is strengthened.

My hope is to help cultivate a culture of soul care within the life of the Church — a culture where women are more deeply seen, spiritually nourished, wisely protected, and tenderly shepherded in the places they often carry quietly.

This series is not written as an accusation against pastors or churches. It is written with deep respect for the weight pastors already carry and with compassion for the complexity of shepherding real people with real stories. Many pastors sincerely desire to care well for the women in their congregations, but they may not always have the language, framework, or resources to recognize what women are carrying beneath the surface.

The Soul Care Series for Pastors is designed to come alongside them with tenderness, biblical faithfulness, trauma-aware wisdom, and practical language. It invites a pastor to wonder: What is she carrying? What is she hoping for? How could I shepherd her more faithfully? This series invites pastors to listen more deeply to the hearts, stories, burdens, gifts, and longings of the women in their churches — not so they carry more pressure, but so they feel more equipped to shepherd with the tenderness of Christ.

The heart of this work is bridge-building: a bridge between women who long to be seen and pastors who desire to shepherd well; a bridge between hidden pain and wise pastoral care; a bridge between the healing of women and the flourishing of the whole body of Christ.

Why This Matters Now

Women are carrying deep levels of exhaustion, anxiety, loneliness, relational pain, spiritual confusion, trauma, isolation, motherhood pressure, grief, and disconnection from themselves and God.

At the same time, many pastors sincerely want to shepherd women well, yet the complexity women carry today often requires language, frameworks, and resources that many ministry leaders have not been given.

This series offers a compassionate way forward.

Not through criticism.

Not through division.

But through tenderness, wisdom, truth, and the presence of Christ.

It is written for women who long to be seen and for pastors who desire to shepherd well.

Series at a Glance

Book 1 — What Women Long for Their Pastors to Understand

Shepherding Weary Women with the Tenderness of Christ

This anchor book helps pastors listen beneath the surface of women's lives and shepherd weary women with the tenderness, wisdom, and presence of Christ.

Book 2 — She Longs to Be Shepherded

The Quiet Power of Personal Pastoral Care

This book helps pastors recover the quiet power of personal shepherding so women are not only taught from the pulpit, but also seen, known, prayed for, and cared for.

Book 3 — She Longs for More

Feeding the Theological Hunger of Women in the Church

This book helps pastors nourish the deep theological hunger of women who long for Scripture, doctrine, and spiritual formation that strengthens them as thoughtful disciples of Jesus.

Book 4 — She Longs to Belong

From Sunday Smiles to Soul-Level Sisterhood

This book helps churches move women beyond surface connection into true Christ-centered belonging where they can be known, received, and rooted.

Book 5 — She Longs to Be Safe

Shepherding Women Through Marital Pain with Wisdom, Safety, and Care

This book helps pastors care wisely for women walking through painful or destructive marriages and family systems with biblical truth, emotional safety, and careful discernment.

Book 6 — She Longs for Presence When Her Story Shatters

Holding Scripture, Trauma, and Crisis with the Tenderness of Christ

This book offers a trauma-aware, biblically faithful framework for walking with women in crisis with patience, presence, Scripture, and tenderness.

Book 7 — She Longs to Be Included

Rethinking Church Belonging for Single, Divorced, and Widowed Women

This book helps churches create pathways of belonging for single, divorced, widowed, and childless women who often feel unseen at the margins of church life.

Book 8 — She Longs for Support

How the Church Can Become a Sanctuary for Mothers in Every Season

This book helps churches become sanctuaries of practical, emotional, and spiritual support for mothers carrying exhaustion, joy, grief, fear, and hope in every season.

Book 9 — She Longs to Offer Her Gifts

Recognizing, Developing, and Blessing the Ministry of Women

This book helps pastors recognize, develop, and bless the God-given gifts of women so their presence and calling strengthen the whole church.

Book 10 — She Longs for a Healthy Church

Cultivating Patterns of Care That Help Women Flourish

This book helps pastors and church leaders notice relational patterns that may weaken trust and cultivate a church culture that is more compassionate, discerning, relationally whole, and tenderly reflective of Jesus.

Book 11 — The Pastor Longs to Be Strengthened

Creating a Church Culture That Cares for Shepherds and Their Families

This book helps churches care for pastors and their families with compassion, honesty, healthy expectations, and sustainable rhythms.

Book 12 — She Longs for the Church to Flourish

How Caring Well for Women Strengthens the Whole Body of Christ

This final book shows how shepherding women well strengthens the health, maturity, tenderness, and flourishing of the whole church.

When women are more deeply seen, spiritually nourished, wisely protected, and tenderly shepherded, the whole church becomes healthier.

This book helps pastors see that shepherding women well is not a side issue. It strengthens the entire body of Christ, cultivating a church that is more compassionate, discerning, relationally whole, spiritually mature, and tenderly reflective of Jesus.

This is a soul care pathway that moves from seeing her weariness → shepherding her personally → feeding her spiritually → rooting her in belonging → protecting her in pain → holding her in crisis → including her in every season → blessing her gifts → healing the church culture → strengthening pastors → flourishing together.

Publishing Timeline:

2026 (April, August, December)

Three foundational Soul Care Series books for women completed and released.

2027 (April, July, October)

Three books in the Soul Care Series for Pastors.

2028 (April, July, October)

Three books in the Soul Care Series for Pastors.

2029 (April, July, October)

Three books in the Soul Care Series for Pastors.

2030 (April, July, October)

Three books in the Soul Care Series for Pastors.

Total Vision — 15 books — three for women and twelve for pastors and church leaders.

The Sponsorship Invitation

Togetherness Project is inviting women, families, churches, and mission-minded supporters to help bring this five-year vision to life through charitable giving, participating in the building up of women, pastors, churches, and the Body of Christ.

The Investment Opportunity

Each book requires approximately \$25,000 to move from concept to completed resource, including research, writing, theological development, trauma-aware ministry application, editing, design, publishing setup, marketing, launch support, and companion study materials.

Estimated breakdown:

- \$10,000 — Research, writing, ministry development, and content creation
- \$8,000 — Editing, interior layout, formatting, cover design, and publishing preparation
- \$2,000 — Marketing, launch preparation, and audience development
- \$4,000 — Companion study materials and group resources
- \$1,000 — Publishing setup, distribution, administration, and infrastructure

The total estimated sponsorship for each book is \$25,000. A donor may choose to sponsor one book in the Soul Care Series and become part of bringing that specific resource into the hands of women,

pastors, churches, and communities.

Donor Acknowledgment

Individuals, families, churches, or organizations who sponsor the development of a book in the Soul Care Series may be gratefully acknowledged in that book, unless they prefer to remain anonymous. Sponsorship does not influence the content, theology, editorial direction, or pastoral voice of the work; it simply helps make the writing, development, editing, production, and distribution of these resources possible.

A donor may choose to sponsor a full book or contribute toward a portion of a book, becoming part of bringing that specific resource into the hands of women, pastors, churches, recovery ministries, and communities who need language for healing and a path toward restoration.

Sponsoring one or part of a book means helping create a biblically faithful, trauma-aware, deeply compassionate resource that can serve women far beyond one room, one church, or one season.

It is a way to invest in something tangible, lasting, and multiplied.

One sponsored book can become:

- a guide for women learning to tell the truth about what they carry
- a resource for pastors learning to shepherd with greater tenderness and wisdom
- a study for women's ministries and small groups
- a tool for recovery centers and care communities
- a bridge between women's lived pain and the Church's pastoral care

This is not simply an investment in publishing. There is a much **greater** purpose and vision here:

It is an investment in women who are weary and longing for restoration.

It is an investment in pastors who want to shepherd with wisdom but need language and support.

It is an investment in churches becoming emotionally safer, spiritually deeper, more relationally whole, and more tenderly reflective of Christ.

Early Fruit from the Work

This work is already beginning to bear fruit.

I have walked a group of women in their twenties through *Grit & Grace: Restoring the Feminine Soul*, the first book in the Soul Care Series for Women, and I am currently walking through this material with women at the Lovelady Center with two more groups starting this summer.

In both settings, I am seeing the same beautiful evidence of what happens when women are given language, safety, Scripture, and space to tell the truth about what they have carried. Conversations deepen. Walls soften. Women begin to feel seen. Connection begins to form. Healing becomes less theoretical and more embodied.

This is why I believe these books are not simply meant to sit on shelves. They are meant to become rooms where women can gather, exhale, remember who they are, and encounter the tenderness of Christ together.

Building on the Foundation

As I begin theological studies at Beeson Divinity School in August 2026, I believe this season will further deepen the spiritual formation, theological grounding, pastoral wisdom, and long-term impact shaping this work. I also believe these resources have the potential to serve not only women and churches, but seminaries as well, including the seminary community I will be part of, and other seminaries that are preparing future pastors and ministry leaders.

My desire is to create resources that are biblically faithful, emotionally honest, spiritually grounded, trauma-aware, and deeply compassionate for real women and real churches. I believe women are longing for spaces where they can be seen, nourished, strengthened, and shepherded with the tenderness of Christ.

And I believe the Church can become one of the safest and most healing places on earth when pastors and leaders are equipped to care for women with wisdom, truth, humility, and presence.

If this vision resonates with you, I would be honored to meet personally, share more about the heart behind these projects, and explore what partnership could look like together.

Thank you for considering partnering with this vision.

With gratitude,

Melody Lovvorn

Togetherness Project

togethernessproject.com

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