

Meet Lisanne

The founder of Fremantle-based Life Mediation, Lisanne Iriks is an award-winning mediator, podcast host, speaker and educator.

She is known for her patient and constructive approach, providing a safe and respectful space for each client and their unique set of circumstances. Her style is open, down to earth, accessible, transformational and she believes that the key to successful mediation is about empowerment.

She works on developing her clients skills base so that they can take responsibility for resolving conflict and avoiding ongoing issues; giving them peace of mind that they are able to create workable, sustainable and future proof solutions.

FOR SPEAKING AND MEDIA COLLABORATIONS PLEASE CONTACT:

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Signature Topics

How to have difficult conversations

Leaning in to conflict & negotiation

Creating healthy relationships



Lisanne is a highly experienced, engaging, compassionate and down to earth speaker and sought after media commentator; allowing her to make a difference on a much larger scale. Lisanne's superpower is making a sometimes-heavy topic easy to talk about, as well as being able to connect meaningfully to her audience and deliver her message with personality and humour.

When you become masterful in conflict resolution, you will have more energy, freedom and more meaningful relationships. Often viewed as something to be avoided, conflict can be incredibly positive, giving way to innovation and transformation, and encouraging problem-solving. The most significant changes start off with someone making a stand for something and having to move through conflict and resistance to make a change.

FEATURED IN











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