

How To Transmute on The Fly

Instructions & Tips



Welcome ... and congratulations for taking action, and making things happen for yourself. It's time to more quickly & seamlessly clear the cause of negative emotions or any 'sudden' negative events around you ... by clearing those pesky ankle-biters out of your field.

This is your guide, Jim Tourtsakis.

1. **Online, I also go by The Unknown Lightwarrior.**

That's how I introduce myself in this audio.

2. **THE GAMALGHOOM:**

When I refer to 'The Teams' ... it's primarily the first level of the Teams, called the Gamalghoom. The Gamalghoom are kind of like the 'special ops' of clearing & they watch over you while you transmute. They're also brilliant auric technicians and experts [at soul healing as well](#). Not many know about them, which serves as an advantage. They exist from the 6th Dimension & up. They watch & assist if needed. Ultimately ... they're all about transmutation.

3. **After you listen to this 5min audio fully, you can always skip straight to the process in ensuing sessions**

... and after a few uses, you won't need to listen to this audio at all, because you'll be able to remember how to do it easily, on-the-fly!

4. **TIP - do this process that's explained in the audio, 3 times in the morning**
(meaning, transmute 3 entities, which seems to be the magic number) before you start your day. It helps raise your frequency to a higher timeline for the day, than what it otherwise would be ... so things have a higher likelihood of going better for you.

You can also close portals inside you or someone else.

Sometimes, transmuting an entity doesn't make enough of a difference in improving your emotions & state.

If this happens, look for one more entity to transmute. And if that doesn't really do it (though there's almost always an improvement in emotional or energetic state when an entity is cleared) then you may have a portal, that's typically inside your body.

Using this same process, you can also shut portals.

1. look at your body (as if it's see-through, or holographic)
2. check for any portals, which your mind's eye will show it as larger than what it is – (they're normally the size of an atom or quantum particle) ... and they appear as black dots, sometimes a little 'smoky' around it.
3. use the white light process to transmute them out of existence too, by watching the white light reduce the portal in size until it's gone.

Portals are sometimes the cause of arguments/fights between two individuals. One of the individuals sometimes has a portal or two, if there's no entity that caused the fight/argument.

Sometimes ... if you're having trouble interacting with someone, check for an entity that might be on them. That could be the could. You can also do this pre-emptively with upcoming meetings or events. Meetings & events themselves can also be cleared!

Just follow these protocols to have an easier time seeing/visualizing:

1) The less you try, the easier it is.

2) It's more about being present with the image – whatever you are visualizing – and in the NOW moment, centered and still, which helps with focus. Stillness is key!

3) Recognize that so-called 'imagining' or 'imagination' is a misnomer, like junk DNA.

There's no such thing.

Imagination is a psychic tool.

Imagining - or visualizing through imagination - is actually **YOU** moving quantum wave form particles at a different level - and then collapsing them into whatever local space/time event is decided by whatever you are visualizing or 'imagining'.

Just knowing this brings you immense power. To help the rational mind grapple with this, try using the words 'almost imagine' ... when scanning for an entity that causing or making you feel XYZ.

4) Lastly – shift your attention away from your physical eyes to your inner eye, by focusing only on what you're visualizing. You don't have to have your physical eyes shut to do this. That depends on what works for you.

If you're new to working with energy ... really be disciplined with these 4 points, for easier visualization & expanded ability to work with energy.

1) **When to use this**

Scan for & transmute entities or portals each time 'something is up' that has caused a negative emotion ... or when a negative emotion is getting out of control or 'amped up'. And even when chaos or challenge occurs.

Other symptoms range from:

- emotional upheaval for seemingly no good reason
- a goal or project which 'explodes' and goes south

- 'fires' that show up & need to be put out ... or sudden or increased physical pain, tiredness or mental foggiess
- "attacks" through other people
- a range of things going wrong
- an increase in overwhelm or frustration, etc

... or whenever you simply feel fear or overwhelm. Whatever the negative emotion is.

What about when it doesn't work?

Transmutation works ... that's never the issue, and I'm talking from decades in experience here.

When it doesn't 'appear' to be working, (you don't feel any better, etc) or a given challenge just doesn't resolve ... all it means is you have an INTERNAL block, or source of whatever the affliction is.

For this ... (your new transmutation skill will become necessary) you need to clear the internal cause that's coming out of you & polluting the energies, thus making you feel negative emotions & or causing havoc in your external world.

This is what the [Soul Fragment Retrieval guided process is for, which you can research](#) here, after you've practiced this learning to transmute process for a couple of weeks or so, or if you need it sooner.

Go for it!

Jim Tourtsakis

ps. I'm right there with you, because we'll be in the same time/space together, even though (at a physical level) it's a recording.

pps. when you've done about 15-20 transmutations, you'll start to gain unconscious competence at this, and you'll be able to transmute an entity & it's source in 1 minute flat! This equals to a lot of power & freedom to forge ahead to your goals, desires, purpose & dreams. Don't let anything stop you now!

