

THE *Return*

CONFIDENCE

VALUES DRIVEN LIVING

Identify your top three values and then answer the following questions about each of them.

My First Value Is:

What does this word mean to me?

What do I do that already aligns with this value?

If I chose to align to this value more closely - what would that look like?

My Second Value Is:

What does this word mean to me?

What do I do that already aligns with this value?

If I chose to align to this value more closely - what would that look like?

My Third Value Is:

What does this word mean to me?

What do I do that already aligns with this value?

If I chose to align to this value more closely - what would that look like?