

YOU HAVE THE

BUT ONLY IF

POWER

YOU

TO TAKE CONTROL

CHOOSE TO USE IT!



TEACHING ASSISTANT:

**3 WAYS
TO PREVENT
CHALLENGING
BEHAVIOUR!**



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3 WAYS TO PREVENT CHALLENGING BEHAVIOUR

Preventing challenging behaviour in the classroom helps maintain a productive and focused learning environment, improve academic outcomes, and reduce the risk of negative outcomes, such as exclusion or disciplinary action.

But many of you may find preventing challenging behaviour tricky because challenging behaviour often stems from a range of underlying factors, which can be difficult to address in the classroom.

So, in this VALUABLE FREE RESOURCE, we'll look at 3 simple ways to prevent challenging behaviour in the classroom.

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Firstly, it's important that i say that you must follow your school's behaviour policy at all times.

But with that said here are 3 simple ways to prevent challenging behaviour that are pretty standard in most schools:

1. USING DE-ESCALATION TECHNIQUES

Using de-escalation techniques involves strategies to prevent or reduce the intensity of negative behaviour when it occurs.

A simple way to do this is to remain calm, show empathy, and respond in a non-threatening manner when a student displays negative behaviour.

This can include using a calm tone of voice, speaking in a respectful manner, and providing the student with space and time to calm down.

You can also use nonverbal communication, such as maintaining eye contact, using a relaxed body

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posture, and showing a neutral facial expression to avoid escalating the situation.

It's important to avoid getting into a power struggle or trying to argue with a student when they are upset or angry. Instead, use active listening skills, such as paraphrasing what the student is saying, to show understanding and build rapport.

By using de-escalation techniques, you can prevent negative behaviour from becoming more severe, maintain a positive and safe learning environment, and help students learn how to manage their emotions in a healthy way.

2. PROVIDING IMMEDIATE CONSEQUENCES FOR NEGATIVE BEHAVIOUR

Providing immediate consequences for negative behaviour involves responding to negative behaviour in a timely and consistent manner.

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A simple way to do this is to establish a set of consequences for negative behaviour ahead of time and communicate them clearly to students. When negative behaviour occurs, the you can provide a consequence immediately, such as a verbal warning, a time-out, or a loss of privileges.

It's important for the consequence to be proportional to the severity of the behaviour, and to remain calm and respectful while addressing the behaviour.

Providing immediate consequences helps to establish clear expectations and boundaries for behaviour and reinforces the connection between the negative behaviour and its consequences. It also helps to prevent negative behaviour from becoming more severe and promotes positive behaviour in the classroom.

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3. IMPLEMENTING INDIVIDUALIZED BEHAVIOUR PLANS FOR STUDENTS WHO REQUIRE ADDITIONAL SUPPORT

Implementing individualized behaviour plans for students who require additional support involves creating a tailored plan to address the specific needs and behaviours of each student.

This is usually the responsibility of your Special Needs Coordinator and consists of information about the student's behaviour and talking with the student, their parents or carers, and other professionals to develop a plan that is realistic, achievable, and relevant to the student's needs.

The plan should include clear and measurable goals for behaviour, strategies to address negative behaviour, and positive reinforcement for meeting those goals.

Specific supports and accommodations, that the student may need, such as additional time to

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complete tasks, a quiet space to work, or access to counselling or mental health services should also be identified.

It's important to communicate the plan with the student and involve them in the process as much as possible, providing regular feedback and support to help them succeed.

Teaching Assistants play an important role in assisting with the creation of individualized behaviour plans and the implementation of them.

In this way, you can provide the support and structure that students need to succeed and create a positive learning environment for all students.

And, as always, it's important for teaching assistants to continuously assess and adjust their behaviour management techniques based on students' needs and to seek support and guidance from colleagues and professionals when necessary.

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I HOPE YOU HAVE FOUND THIS RESOURCE USEFUL. USE IT AS A WAY TO KICK START YOUR RESOLVE TO PREVENT CHALLENGING BEHAVIOUR IN YOUR CLASSROOM!

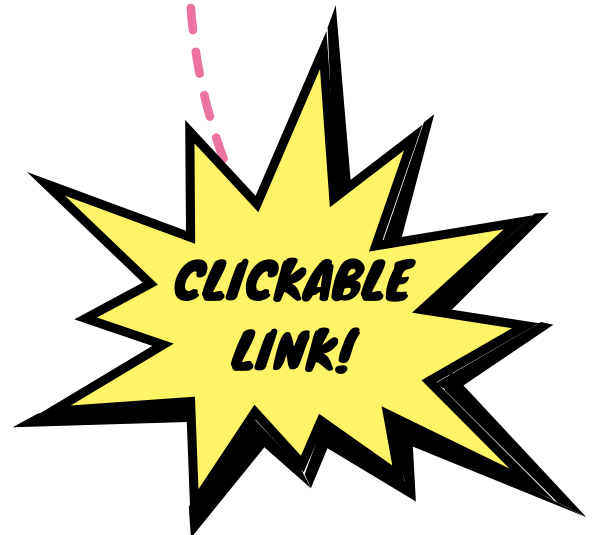
AND IF YOU HAVEN'T YET WATCHED THE VIDEO THAT ACCOMPANIES THIS VALUABLE FREE RESOURCE, YOU CAN WATCH IT [HERE!](#)

THERE'S A LINK AND QR CODE TO ALL MY BOOKS ON THE FINAL PAGE OF THIS RESOURCE.

PRINT THIS RESOURCE OUT AS MANY TIMES AS YOU NEED (CHOOSE GREYSCALE TO SAVE YOUR INK) AND SHARE IT WITH YOUR TA COLLEAGUES!

THANK YOU!

Lauren Riesner



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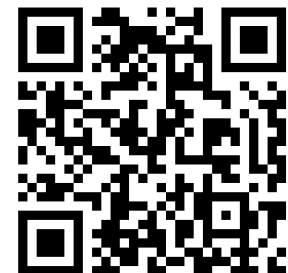
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