



KATHERINE BIRD

# How to Channel Class Guide

Successfully Work with Your Guides

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**"People don't serve because they haven't mastered their channel and come out of the spiritual closet to claim their gifts and develop their skills. "**

Katherine Bird

## You are in the right place if...

- You feel a **calling to a deeper, more profound Spiritual Connection.**
- You want to **make sure you are safe and effective.**
- You want to **feel confident to fully express** your authentic self.
- You are **called to serve** and know that you have to master your gifts and train your skills.
- You **want more tools and awareness** so that you can support yourself and others.

## You aren't in the right place if...

- You don't want to confront yourself and **what might be missing** from your work.
- You want to fix all your problems in this one free class and aren't interested in **doing consistent work.**
- You are absolutely invested in **staying small** in your healing or spiritual practice.

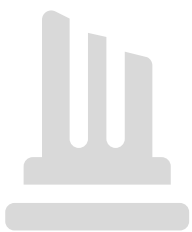


## **Pillar 1: Know Thyself**

Core Aspects of This Pillar:

Where can I grow?

Take Aways and Ah-Has:



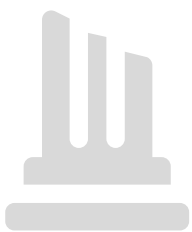


## **Pillar 2: Be The Channel**

Core Aspects of This Pillar:

Where can I grow?

Take Aways and Ah-Has:



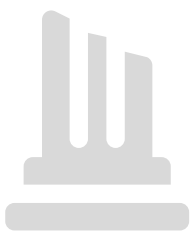


## **Pillar 3: Mastering The Channel**

Core Aspects of This Pillar:

Where can I grow?

Take Aways and Ah-Has:



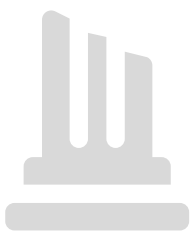


## **Pillar 4: Integrate The Channel**

Core Aspects of This Pillar:

Where can I grow?

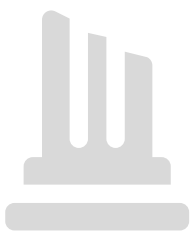
Take Aways and Ah-Has:





## **3 Steps of Spiritual Connection**

What do I need to Develop?



**This work is important to me because:**

**This work triggers me because:**

**My commitment to practice and mastery looks like:**

Thank you for your time and attention. If you have any questions, please reach out!