

# Kaedrich Olsen

## Resolving what others can't

Most conversations about the paranormal reinforce fear. Kaedrich Olsen challenges that model entirely. With more than 30 years of direct experience in paranormal phenomena, shadow work, and spiritual interaction, his work reframes the paranormal through communication, discernment, and resolution rather than through sensationalism, conflict, or fear-based storytelling.

A compelling on-camera guest and speaker, Olsen brings a rare combination of lived experience, conceptual depth, and grounded delivery to interviews and productions.

His conversations move beyond surface-level hauntings into deeper discussions on consciousness, unseen influence, trauma, energetic interaction, and why many conventional paranormal approaches unintentionally intensify the very experiences people fear.

Kaedrich has appeared on Gaia.com, numerous podcasts and live events. He is the founder of Paranormal Arts School, where he teaches practical methods for paranormal interaction, spiritual sovereignty, and energetic discernment.



### Suggested Topics:

- Why fear intensifies paranormal experiences
- The psychology of spirit attachment
- Why séance is misunderstood
- The overlap between shadow work and paranormal influence
- What paranormal investigators get wrong
- Why some hauntings never resolve
- The hidden mechanics of spiritual boundaries

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