

# PROFESSIONAL GROWTH WORKSHEET

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The Home Accessibility Therapist



THE  
HOME ACCESSIBILITY  
THERAPIST LLC

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Use this one-page planning worksheet as a free download to help you turn scattered learning into a more intentional professional development plan.

### **My professional focus for the next 6 months**

- My primary home safety / home modification focus area:

\_\_\_\_\_

- A second area I want to strengthen:

\_\_\_\_\_

- Why these areas matter in my current practice:

\_\_\_\_\_

- Populations I most want to support:

\_\_\_\_\_

### **Skills I want to build**

Check or circle the areas that matter most right now:

- Home assessment workflow
- Bathroom safety and transfers
- Falls prevention
- Dementia and environmental support
- Low vision and lighting
- Wheelchair accessibility
- Documentation and outcomes
- Contractor / team communication
- Caregiver education
- Follow-up after installation
- Business development / consulting
- Other: \_\_\_\_\_



## My learning plan

Learning Type	Resource I will use	Target Date	How I will apply it
Course / Webinar			
Article / Blog			
Podcast / YouTube			
Community/ Membership			

## Related specialty areas I may explore

Circle or highlight possible directions for growth:

- Hoarding and household safety
- Disaster preparedness
- Ergonomics in the home
- Smart home technology
- Community mobility and access
- Caregiver coaching
- Aging in place consulting
- Other: \_\_\_\_\_

## Related specialty areas I may explore

Circle or highlight possible directions for growth:

- Hoarding and household safety
- Disaster preparedness
- Ergonomics in the home
- Smart home technology
- Community mobility and access
- Caregiver coaching
- Aging in place consulting
- Other: \_\_\_\_\_

## My next action steps

- One resource I will review this month:  
\_\_\_\_\_
- One practice change I will test:  
\_\_\_\_\_
- One question I want support on:  
\_\_\_\_\_
- A community, mentor, or membership that can support me:  
\_\_\_\_\_
- Date to revisit this plan:  
\_\_\_\_\_

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