



FIELD GATE FLOWERS  
THE CUT FLOWER COLLECTIVE

**Field Gate Flowers &**

**The Cut Flower Collective weekly newsletter  
Published 1 November 2025**

(Please note if reading this at a later date that some links may no longer be valid.)

***Brace yourself for November!***



Good morning and welcome to November. Yes, pinch punch it's the first of the month already.

I know we have subscribers from around the world, so for those of you reading in the southern hemisphere and heading into spring... enjoy! For those like us in the UK, November can be a grim month that tests the

resilience of most gardeners but there are often beautiful days, sometimes with misty starts, when the autumn light gives everything it touches a very special hue. Grab these days when they appear and make the most of getting outdoors, even if it's just a short walk during your lunch break. [A newly published study](#) recommends trying to fit in a longer walk each day (15 mins plus) rather than focusing on how many steps you're doing in total.

Get yourself some decent boots and waterproofs and have them ready to put on if the weather turns and then you'll have no excuses for not going out. "There's no such thing as bad weather, only unsuitable clothing", said [Alfred Wainwright](#) who loved a bit of fell walking and wrote lots of books on the subject, so we think he knew what he was talking about and we can probably apply it to gardening wear too!

Aside from this regular newsletter, you'll be receiving an email from me this week asking you to update your content preferences. This is partly to ensure that we don't send you content that's irrelevant but, in the near future, what we really want to know is who amongst you are either flower farmers or budding flower farmers as we have a Flower Farmer Bootcamp week coming up. Look out for the email – it will only take one click to update your preferences so thank you in advance for helping out.

Have a great week and don't feel guilty about curling up on the sofa with some seed catalogues, dreaming of next season...

*Roz*

**FANFARE FOR.... THE 2025 CUT FLOWER PLANNER**



Our Cut Flower Guide and Planner has had another make-over for 2026. We're putting the finishing touches to the inside pages now but here's a preview of the cover. We'll have a link for you to pre-order very soon.

**GROWN & GATHERED: 'TIS THE MONTH OUR WREATH KITS GO OUT!**



Thank you to those of you who have already pre-ordered our wreath-making-in-a-box kits. Because the kits include dried flowers gathered at Field Gate over the summer, there will be a limit to the number we can produce (alongside pre-made wreaths). So if you're looking to get your hands on one, don't wait until December! [The link to order is here.](#)

With flowers and foliage gathered from Roz's flower farm, every kit will be slightly different and thus unique. Delivery of kits and pre-made wreaths will be at the end of November. If you're planning on getting a group of friends or family together for a wreath-making session, the price goes down the more kits you order. And whilst you're making... remember to take photos or video and tag us on your social media posts – we love to see your results.

**BLOG POST: PLANNING YOUR PLOT**

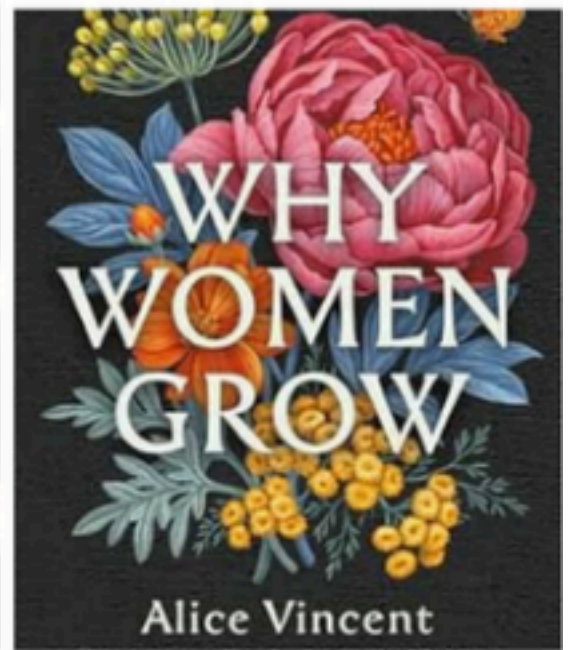


With the weather turning colder, we're entering the perfect planning months. For those of you starting out on your cut flower journey or scaling up your plot, there are some basic factors you need to consider before you put a spade in the ground. In [part 1](#) of this 2-part blog post we look at what you want to get from your plot, aspect, available space and sustainability.

For those of you who are more advanced, do take a look and forward to friends or family who are thinking of incorporating a cut flower patch into their garden, whether for sale or pure pleasure – [the link is here](https://thecutflowercollective.co.uk/back-to-basics-planning-your-cut-flower-plot/) (<https://thecutflowercollective.co.uk/back-to-basics-planning-your-cut-flower-plot/>).

All past blogs from The Cut Flower Collective are [available to browse here](#)... with Field Gate Flower blogs (including wedding inspiration) [on this page](#).

**THE CUT FLOWER PODCAST: WHY WOMEN GROW**



Alice Vincent's book 'Why Women Grow' was just about to be published when she joined Roz on The Cut Flower Podcast early in 2023. Since then it has become one of the most recommended reading books for gardeners, despite the fact that when she began writing and researching the book Alice was only just getting to grips with her first garden.

Interspersed with anecdotes from a variety of women gardeners whom Alice interviewed for the book, she reflects on her personal journey as a woman (becoming a mother during the writing of the book) and her place in the world. Roz's conversation with Alice covers the unglamorous side of gardening and how we need to remember to enjoy our outdoor spaces as places to relax, not just to work at!

[Listen here to Alice's conversation with Roz](#) and you can follow Alice on Instagram

[@alicevincentwrites](#) ~ ~ ~

[The Cut Flower Podcast archive](#) now has several years of regular episodes, featuring Roz's conversations with growers, florists, photographer, environmentalists, horticulturalists and business mentors, as well as her solo 'Ask Roz' broadcasts.

Subscribe via your chosen Podcast provider (Apple/Google/Spotify etc) and you'll be sent notifications as each new episode arrives.

## **JOBS FOR THE WEEK**



*Remember, remember...* to check your bonfire for frogs, hedgehogs and other small creatures before lighting the pyre on 5 November.

*Continue to sow sweet peas.* Many people believe that November is the optimum time for sowing sweet peas. Definitely a job to perk you up on grey days.

*Bring pelargoniums, citrus trees and cuttings indoors:* If you live in a more frost-vulnerable area you may already have done this. If not, do it now – one night of frost could be the end of them! Citrus trees should be placed in a sunny spot but away from a radiator or underfloor heating.

*Cut remaining flowers for drying:* See [Roz's Instagram post](#) for tips on when and how to dry.

*Raise containers off the ground:* To prevent waterlogging, raise your containers slightly off the ground – either with bricks or specially designed 'pot feet' that you can buy at garden centres.

Any questions? Ask me in my Facebook groups:

[The Cut Flower Collection from Field Gate Flowers](#) (for anyone passionate about growing cut flowers)

Growth & Profit in your Cut Flower Business (for flower farmers or those about to embark on a cut flower business)

***Membership groups:***

The Best Bunch

Growth Club.

*Roz*