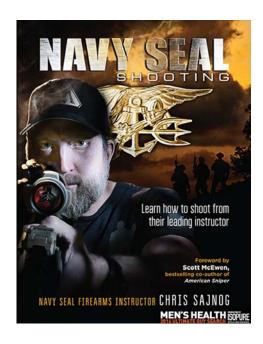
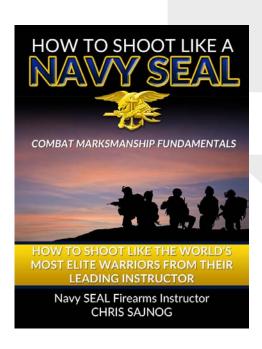


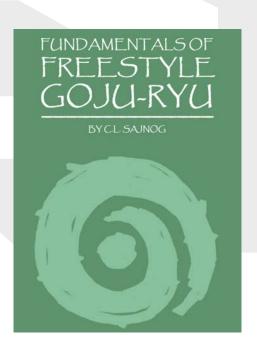
## **List of Written Works**



**Navy SEAL Shooting** 



How to Shoot Like a Navy SEAL



Fundamentals of Freestyle Goju-Ryu



## Some of Chris' Most Popular Articles



A Navy SEAL's Recommended Reading List: Books that Helped Maked Me Who I am



Virtuosity: How Navy SEALs Use Shooting Fundamentals to Forge Elite Warriors



The Top Ten Navy SEALs Sayings and their Meanings



Improve Your Shooting: Why You Don't Need a Firearms Instructor

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