Integrative Aesthetics Saturday

The Future of Skin, Hair & Beauty from Within

WELCOME TO INTEGRATIVE AESTHETICS SATURDAY

Saturday October 3, 2026 • 8AM - 12PM

EVENT DETAILS

We've put together a stimulating morning of fresh ideas, practical information, and opportunities to connect with fellow healthcare professionals. Here are a few details to help you plan your morning.

WHEN

Saturday, October 3, 2026

- 7:45 AM – Doors open
- 8:00 AM – Check-in, light breakfast
- 8:30 AM – Program begins
- 12:00 PM – Program concludes

Please plan to **arrive by 7:45** so you can enjoy breakfast and get comfortably settled before we begin.

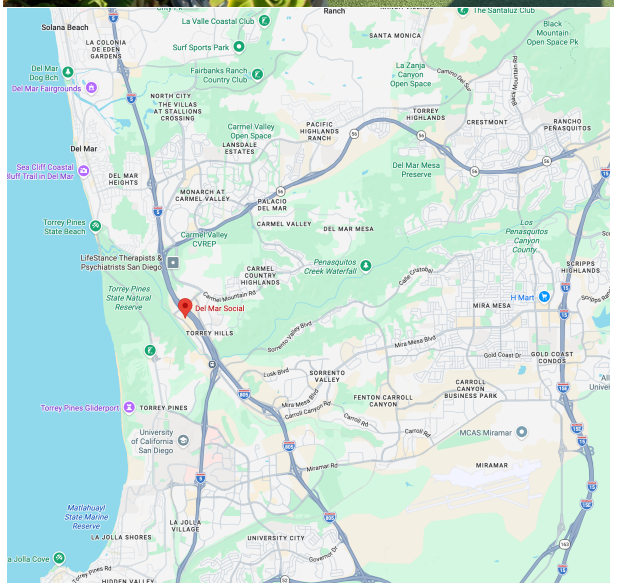
WHERE

Del Mar Social

3444 Tripp Court • San Diego, CA 92121.

Del Mar Social is a unique indoor-outdoor event venue south of Del Mar tucked into the hills of Sorrento Valley just north of the intersection of Interstate 5 and Interstate 805. It occupies a converted warehouse space offering views toward the Torrey Pines area. It's a casual, relaxed environment often used for celebrations & special festive occasions.





[GET DIRECTIONS - GOOGLE MAPS]

COMING FROM THE NORTH

North County, Encinitas, Carlsbad, Oceanside

Take I-5 South and use the local bypass lanes to exit at Carmel Mountain Road (Exit 32). Turn left onto Carmel Mountain Road, then right onto Sorrento Valley Road. Turn left onto Tripp Court and follow it to Del Mar Social.

COMING FROM THE SOUTH

La Jolla, downtown San Diego, Mission Valley

Take I-5 North and exit at Sorrento Valley Road (Exit 30). Follow Sorrento Valley Road north, then turn right onto Tripp Court. Continue to Del Mar Social.

COMING FROM THE EAST

Rancho Bernardo, Poway, Scripps Ranch, Escondido

Take I-15 to SR-56 West. Merge onto I-5 South, staying in the local lanes. Exit at Carmel Mountain Road (Exit 32). Turn left onto Carmel Mountain Road, then right onto Sorrento Valley Road. Turn left onto Tripp Court and follow it to Del Mar Social.

FINDING US & PARKING

Use your map app, follow the directions above. Look for signage with balloons. Venue staff will be on hand to direct you to parking.

WHAT TO WEAR

This is a relaxed, collegial gathering, so come comfortable. A light sweater or jacket is always a good idea.

Food & Beverage

We are providing a light breakfast. Coffee, tea, water, fresh juice, fresh fruit, bagels with cream cheese, and yogurt with granola.

WHAT'S IN STORE

Seven focused educational sessions exploring the connections between skin, hair, nutrition, cellular longevity, the microbiome, vascular health, and genetics.

You'll also have opportunities to meet our speakers, connect with colleagues, and explore new products and technologies at our sponsor exhibits.

You'll take home:

- Fresh clinical insights and ideas for your practice.
- Educational materials and product samples
- A complimentary copy of my book, *Integrative Aesthetics: Your Roadmap to Practice Success.*
- New professional connections—and perhaps a few new opportunities for your practice.

A FEW FINAL DETAILS

Your registration is confirmed. No additional event fee is due at the door. Bring your business cards, your questions, and perhaps a notebook or tablet. We'll take care of the rest!

Got friends who want to come but haven't registered?

Registration is still open. Here's the link. Send this to your friends and invite them to join you.

https://www.changewell.com/IASaturday

We can even handle people who decide to come at the last minute. We will be taking registrations on site via QR code. $79 - Pay with any major credit card.

Questions? Contact our colleague Luma at 619 394-3698
I'm looking forward to seeing you Saturday morning!

Mark J. Tager, MD
Course Director
Integrative Aesthetics Saturday
ChangeWell Training Academy

PS - Got friends/colleagues who might love this. Send this link, let them know you're coming and invite them!

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