

# The Psalms as Source of Solace, Interfaith Solidarity, Service and Joy with Rabbi Jamie Arnold and Musician Laura Berman



**Saturday, March 28, 2026  
9 am to 3 pm MST**

**\$100 - In Person / \$65 - Zoom**  
*Lunch provided for in-person participants*

***Early-Bird Discount thru February 28th***  
**\$80 - In person / \$55 - Zoom**

*Scholarships Available*

“The Psalms as Source of Solace, Interfaith Solidarity, Service and Joy,” features teachers and musicians, Rabbi Jamie Arnold and Laura Berman, sharing compelling insights about the psalms, practical guidance for contemplative practice, and meaningful small group interactions to foster our sense of community and belonging. We'll enjoy gorgeous, heartful, soulful music and, of course, space for sacred silence. Topics include:

- Reclaiming Psalm Recitation as Spiritual Practice – An overview of the types of psalms and their uses: poetry, peace (Saul), prophesy and mystical union.
- Christian Perspectives – Solitude & Silence, Solidarity & Service.
- Psalm 23: Recitation as Meditation – A deep dive into "The Lord is my shepherd...."



**Learn more and register**

[centeringprayer.net/springconference2026](http://centeringprayer.net/springconference2026)

To be held at The Center for  
Contemplative Living, located within  
Calvary Baptist Church in Denver, CO.



**The Center for  
Contemplative Living /  
Contemplative  
Outreach of Colorado  
303-698-7729**