



**Center for Contemplative Living
Contemplative Outreach of Colorado**

Contemplative Practices from Jewish Tradition: Passover

Thursday, April 25, 2024

11:30 am to 1:00 pm

Experience body, mind, breath, music and silence, stillness and movement, solitude, and community, as gateways to awareness, peace, freedom, and joy.

All are Welcome!

Join us as we welcome back longtime contemplative practitioner and meditation guide, Rabbi Jamie Arnold from Congregation Beth Evergreen, and The Kabbalah Experience, along with singer/prayer-leader, Laura Berman for a presentation of music, teachings, and contemplative prayer. They will be present a sampling of contemporary contemplative practices rooted in Centuries of Jewish tradition, with a focus on the holiday of Passover and the Seder meal.



Join us for the 11:30 prayer and presentation – and a traditional and instructed Passover meal.

**The Center for Contemplative Living
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