

Zion Itinerary

Day 1: Arrival and Sunset in Kolob Canyon

- Arrival: Fly into St. George Regional Airport (SGU).
- Shuttle to Kolob Canyon
    - Timber Creek Overlook Trail
- Shuttle to Desert Pearl Inn.
- AMP Session 1
- Dinner: Location TBD.

Day 2: Angels Landing Hike

- Breakfast: Desert Pearl Inn.
- Shuttle to Zion National Park
- Hike Angels Landing
- Shuttle to Desert Pearl Inn.
- Walk to Zion Guru:
    - Pick up dry bibs, water shoes, and hiking stick rentals for the next two hikes.
- AMP Session 2: Reflective and motivational session at the Inn.
- Dinner: TBD

Day 3: The Subway (Bottom-Up Route)

- Breakfast: Desert Pearl Inn.
- Shuttle to Left Fork Trailhead.
- Hike The Subway (Bottom-Up Route):

- Shuttle to Desert Pearl Inn.
- AMP Session 3: Evening session at the Inn.
- Dinner: TBD

Day 4: The Narrows

- Breakfast: Desert Pearl Inn.
- Shuttle to Zion National Park Entrance
- Hike The Narrows:
- Return Rentals: Stop by Zion Guru to return rented gear.
- AMP Session 4: Final session at the Inn.
- Dinner: TBD.

Day 5: November 9 – Departure

- Breakfast: Desert Pearl Inn.

- Shuttle to St. George Regional Airport for departure.